

50TH FIG ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS  
KITAKYUSHU, JAPAN 2021  
COMPETITION SCHEDULE WAG/MAG  
with Podium Training



15 Oct Fri WAG Podium Training

FOP

WAG Sub 1 9:45-11:00

9:33		First Call			
9:38		March in			
Rotation1	9:45-10:03	UZB	CHN	TUR	ISR
Rotation2	10:03-10:21	ISR	UZB	CHN	TUR
Rotation3	10:21-10:39	TUR	ISR	UZB	CHN
Rotation4	10:39-10:57	CHN	TUR	ISR	UZB

WAG Sub 2 11:15-12:30

11:03		First Call			
11:08		March in			
Rotation1	11:15-11:33	NED	ITA	GBR	HUN
Rotation2	11:33-11:51	HUN	NED	ITA	GBR
Rotation3	11:51-12:09	GBR	HUN	NED	ITA
Rotation4	12:09-12:27	ITA	GBR	HUN	NED

WAG Sub 3 13:00-14:15

12:48		First Call			
12:53		March in			
Rotation1	13:00-13:18	CAN / AUS	USA	CRO	NOR
Rotation2	13:18-13:36	NOR	CAN / AUS	USA	CRO
Rotation3	13:36-13:54	CRO	NOR	CAN / AUS	USA
Rotation4	13:54-14:12	USA	CRO	NOR	CAN / AUS

WAG Sub 4 14:30-15:45

14:18		First Call			
14:23		March in			
Rotation1	14:30-14:48	POR	SUI	ISL	COL / LTU
Rotation2	14:48-15:06	COL / LTU	POR	SUI	ISL
Rotation3	15:06-15:24	ISL	COL / LTU	POR	SUI
Rotation4	15:24-15:42	SUI	ISL	COL / LTU	POR

WAG Sub 5 16:00-17:15

15:48		First Call			
15:53		March in			
Rotation1	16:00-16:18	DEN	JPN / LUX	TPE	UKR / CUB
Rotation2	16:18-16:36	UKR / CUB	DEN	JPN / LUX	TPE
Rotation3	16:36-16:54	TPE	UKR / CUB	DEN	JPN / LUX
Rotation4	16:54-17:12	JPN / LUX	TPE	UKR / CUB	DEN

WAG Sub 6 17:45-19:00

17:33		First Call			
17:38		March in			
Rotation1	17:45-18:03	FIN	AUT	GER / ECU	EGY / NZL
Rotation2	18:03-18:21	EGY / NZL	FIN	AUT	GER / ECU
Rotation3	18:21-18:39	GER / ECU	EGY / NZL	FIN	AUT
Rotation4	18:39-18:57	AUT	GER / ECU	EGY / NZL	FIN

WAG Sub 7 19:15-20:30

19:03		First Call			
19:08		March in			
Rotation1	19:15-19:33	FRA / PUR	IND	SWE	ROU
Rotation2	19:33-19:51	ROU	FRA / PUR	IND	SWE
Rotation3	19:51-20:09	SWE	ROU	FRA / PUR	IND
Rotation4	20:09-20:27	IND	SWE	ROU	FRA / PUR

16 Oct Sat WAG/MAG Podium Training

FOP

WAG Sub 8 9:45-11:00

9:33		First Call			
9:38		March in			
Rotation1	9:45-10:03	CZE / LAT	AZE	HKG / VIE	SLO / BLR
Rotation2	10:03-10:21	SLO / BLR	CZE / LAT	AZE	HKG / VIE
Rotation3	10:21-10:39	HKG / VIE	SLO / BLR	CZE / LAT	AZE
Rotation4	10:39-10:57	AZE	HKG / VIE	SLO / BLR	CZE / LAT

WAG Sub 9 11:15-12:30

11:03		First Call			
11:08		March in			
Rotation1	11:15-11:33	BRA	PAN	IRL	MEX
Rotation2	11:33-11:51	MEX	BRA	PAN	IRL
Rotation3	11:51-12:09	IRL	MEX	BRA	PAN
Rotation4	12:09-12:27	PAN	IRL	MEX	BRA

WAG Sub 10 13:00-14:15

12:48		First Call			
12:53		March in			
Rotation1	13:00-13:18	RGF	SVK	KOR	BEL
Rotation2	13:18-13:36	BEL	RGF	SVK	KOR
Rotation3	13:36-13:54	KOR	BEL	RGF	SVK
Rotation4	13:54-14:12	SVK	KOR	BEL	RGF

MAG Sub 1 17:00-18:40

16:48		First Call					
16:53		March in					
Rotation1	17:00-17:16	ESP	BUL	GRE	FRA	POR	GER
Rotation2	17:16-17:33	GER	ESP	BUL	GRE	FRA	POR
Rotation3	17:33-17:50	POR	GER	ESP	BUL	GRE	FRA
Rotation4	17:50-18:07	FRA	POR	GER	ESP	BUL	GRE
Rotation5	18:07-18:24	GRE	FRA	POR	GER	ESP	BUL
Rotation6	18:24-18:40	BUL	GRE	FRA	POR	GER	ESP

MAG Sub 2 19:10-20:50

18:58		First Call					
19:03		March in					
Rotation1	19:10-19:26	SLO / HKG	CHN	BEL	UKR / LAT	RGF / KSA	HUN
Rotation2	19:26-19:43	HUN	SLO / HKG	CHN	BEL	UKR / LAT	RGF / KSA
Rotation3	19:43-20:00	RGF / KSA	HUN	SLO / HKG	CHN	BEL	UKR / LAT
Rotation4	20:00-20:17	UKR / LAT	RGF / KSA	HUN	SLO / HKG	CHN	BEL
Rotation5	20:17-20:34	BEL	UKR / LAT	RGF / KSA	HUN	SLO / HKG	CHN
Rotation6	20:34-20:50	CHN	BEL	UKR / LAT	RGF / KSA	HUN	SLO / HKG

17 Oct Sun MAG Podium Training

FOP

MAG Sub 3 09:20-11:00

9:08		First Call					
9:13		March in					
Rotation1	9:20-9:36	JPN	AZE	ARM / PAN	NZL	BRA / BAN	SUI
Rotation2	9:36-9:53	SUI	JPN	AZE	ARM / PAN	NZL	BRA / BAN
Rotation3	9:53-10:10	BRA / BAN	SUI	JPN	AZE	ARM / PAN	NZL
Rotation4	10:10-10:27	NZL	BRA / BAN	SUI	JPN	AZE	ARM / PAN
Rotation5	10:27-10:44	ARM / PAN	NZL	BRA / BAN	SUI	JPN	AZE
Rotation6	10:44-11:00	AZE	ARM / PAN	NZL	BRA / BAN	SUI	JPN

MAG Sub 4 11:10-12:50

10:58		First Call					
11:03		March in					
Rotation1	11:10-11:26	LTU	ISL / PUR	NED / SYR	TPE	USA	BLR
Rotation2	11:26-11:43	BLR	LTU	ISL / PUR	NED / SYR	TPE	USA
Rotation3	11:43-12:00	USA	BLR	LTU	ISL / PUR	NED / SYR	TPE
Rotation4	11:00-12:17	TPE	USA	BLR	LTU	ISL / PUR	NED / SYR
Rotation5	12:17-12:34	NED / SYR	TPE	USA	BLR	LTU	ISL / PUR
Rotation6	12:34-12:50	ISL / PUR	NED / SYR	TPE	USA	BLR	LTU

MAG Sub 5 13:20-15:00

13:08		First Call					
13:13		March in					
Rotation1	13:20-13:36	THA / ROU	COL	KAZ	MEX	EGY	AUS
Rotation2	13:36-13:53	AUS	THA / ROU	COL	KAZ	MEX	EGY
Rotation3	13:53-14:10	EGY	AUS	THA / ROU	COL	KAZ	MEX
Rotation4	14:10-14:27	MEX	EGY	AUS	THA / ROU	COL	KAZ
Rotation5	14:27-14:44	KAZ	MEX	EGY	AUS	THA / ROU	COL
Rotation6	14:44-15:00	COL	KAZ	MEX	EGY	AUS	THA / ROU

MAG Sub 6 15:10-16:50

14:58		First Call					
15:03		March in					
Rotation1	15:10-15:26	TUR	VIE / ECU	CAN	GBR / SRB	IRL	KOR / ALB
Rotation2	15:26-15:43	KOR / ALB	TUR	VIE / ECU	CAN	GBR / SRB	IRL
Rotation3	15:43-16:00	IRL	KOR / ALB	TUR	VIE / ECU	CAN	GBR / SRB
Rotation4	15:00-16:17	GBR / SRB	IRL	TUR	TUR	VIE / ECU	CAN
Rotation5	16:17-16:34	CAN	GBR / SRB	TUR	KOR / ALB	TUR	VIE / ECU
Rotation6	16:34-16:50	VIE / ECU	CAN	TUR	IRL	KOR / ALB	TUR

MAG Sub 7 17:20-19:00

17:08		First Call					
17:13		March in					
Rotation1	17:20-17:36	UZB	ITA	DEN	CZE / PHI	FIN	CRO
Rotation2	17:36-17:53	CRO	UZB	ITA	DEN	CZE / PHI	FIN
Rotation3	17:53-18:10	FIN	CRO	UZB	ITA	DEN	CZE / PHI
Rotation4	18:10-18:27	CZE / PHI	FIN	CRO	UZB	ITA	DEN
Rotation5	18:27-18:44	DEN	CZE / PHI	FIN	CRO	UZB	ITA
Rotation6	18:44-19:00	ITA	DEN	CZE / PHI	FIN	CRO	UZB

MAG Sub 8 19:10-20:50

18:58		First Call					
19:03		March in					
Rotation1	19:10-19:26	ISR / CYP	IND	SWE	AUT	IRI	NOR / POL
Rotation2	19:26-19:43	NOR / POL	ISR / CYP	IND	SWE	AUT	IRI
Rotation3	19:43-20:00	IRI	NOR / POL	ISR / CYP	IND	SWE	AUT
Rotation4	20:00-20:17	AUT	IRI	NOR / POL	ISR / CYP	IND	SWE
Rotation5	20:17-20:34	SWE	AUT	IRI	NOR / POL	ISR / CYP	IND
Rotation6	20:34-20:50	IND	SWE	AUT	IRI	NOR / POL	ISR / CYP

**50TH FIG ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS**  
**KITAKYUSHU, JAPAN 2021**  
**COMPETITION SCHEDULE WAG/MAG**  
**with Podium Training**

**18 Oct Mon WAG Qualification****FOP****WAG Sub 1 9:45-11:00**

9:33		First Call			
9:38		March in			
Rotation1	9:45-10:03	UZB	CHN	TUR	ISR
Rotation2	10:03-10:22	ISR	UZB	CHN	TUR
Rotation3	10:22-10:41	TUR	ISR	UZB	CHN
Rotation4	10:41-11:00	CHN	TUR	ISR	UZB

**WAG Sub 2 11:15-12:30**

11:03		First Call			
11:08		March in			
Rotation1	11:15-11:33	NED	ITA	GBR	HUN
Rotation2	11:33-11:52	HUN	NED	ITA	GBR
Rotation3	11:52-12:11	GBR	HUN	NED	ITA
Rotation4	12:11-12:30	ITA	GBR	HUN	NED

**WAG Sub 3 13:00-14:15**

12:48		First Call			
12:53		March in			
Rotation1	13:00-13:18	CAN / AUS	USA	CRO	NOR
Rotation2	13:18-13:37	NOR	CAN / AUS	USA	CRO
Rotation3	13:37-13:56	CRO	NOR	CAN / AUS	USA
Rotation4	13:56-14:15	USA	CRO	NOR	CAN / AUS

**WAG Sub 4 14:30-15:45**

14:18		First Call			
14:23		March in			
Rotation1	14:30-14:48	POR	SUI	ISL	COL / LTU
Rotation2	14:48-15:07	COL / LTU	POR	SUI	ISL
Rotation3	15:07-15:26	ISL	COL / LTU	POR	SUI
Rotation4	15:26-15:45	SUI	ISL	COL / LTU	POR

**WAG Sub 5 16:00-17:15**

15:48		First Call			
15:53		March in			
Rotation1	16:00-16:18	GER	JPN / LUX	TPE	UKR / CUB
Rotation2	16:18-16:37	UKR / CUB	GER	JPN / LUX	TPE
Rotation3	16:37-16:56	TPE	UKR / CUB	DEN	JPN / LUX
Rotation4	16:56-17:15	JPN / LUX	TPE	UKR / CUB	DEN

**WAG Sub 6 17:45-19:00**

17:33		First Call			
17:38		March in			
Rotation1	17:45-18:03	FIN	AUT	GER / ECU	EGY / NZL
Rotation2	18:03-18:22	EGY / NZL	FIN	AUT	GER / ECU
Rotation3	18:22-18:41	GER / ECU	EGY / NZL	FIN	AUT
Rotation4	18:41-19:00	AUT	GER / ECU	EGY / NZL	FIN

**WAG Sub 7 19:15-20:30**

19:03		First Call			
19:08		March in			
Rotation1	19:15-19:33	FRA / PUR	IND	SWE	ROU
Rotation2	19:33-19:52	ROU	FRA / PUR	IND	SWE
Rotation3	19:52-20:11	SWE	ROU	FRA / PUR	IND
Rotation4	20:11-20:30	IND	SWE	ROU	FRA / PUR

**19 Oct Tue WAG/MAG Qualification****FOP****WAG Sub 8 9:45-11:00**

9:33		First Call			
9:38		March in			
Rotation1	9:45-10:03	CZE / LAT	AZE	HKG / VIE	SLO / BLR
Rotation2	10:03-10:22	SLO / BLR	CZE / LAT	AZE	HKG / VIE
Rotation3	10:22-10:41	HKG / VIE	SLO / BLR	CZE / LAT	AZE
Rotation4	10:41-11:00	AZE	HKG / VIE	SLO / BLR	CZE / LAT

**WAG Sub 9 11:15-12:30**

11:03		First Call			
11:08		March in			
Rotation1	11:15-11:33	BRA	PAN	IRL	MEX
Rotation2	11:33-11:52	MEX	BRA	PAN	IRL
Rotation3	11:52-12:11	IRL	MEX	BRA	PAN
Rotation4	12:11-12:30	PAN	IRL	MEX	BRA

**WAG Sub 10 13:00-14:15**

12:48		First Call			
12:53		March in			
Rotation1	13:00-13:18	RGF	SVK	KOR	BEL
Rotation2	13:18-13:37	BEL	RGF	SVK	KOR
Rotation3	13:37-13:56	KOR	BEL	RGF	SVK
Rotation4	13:56-14:15	SVK	KOR	BEL	RGF

**MAG Sub 1 17:00-18:40**

16:48		First Call					
16:53		March in					
Rotation1	17:00-17:16	ESP	BUL	GRE	FRA	POR	GER
Rotation2	17:16-17:33	GER	ESP	BUL	GRE	FRA	POR
Rotation3	17:33-17:50	POR	GER	ESP	BUL	GRE	FRA
Rotation4	17:50-18:07	FRA	POR	GER	ESP	BUL	GRE
Rotation5	18:07-18:24	GRE	FRA	POR	GER	ESP	BUL
Rotation6	18:24-18:40	BUL	GRE	FRA	POR	GER	ESP

**MAG Sub 2 19:10-20:50**

18:58		First Call					
19:03		March in					
Rotation1	19:10-19:26	SLO / HKG	CHN	BEL	UKR / LAT	RGF / KSA	HUN
Rotation2	19:26-19:43	HUN	SLO / HKG	CHN	BEL	UKR / LAT	RGF / KSA
Rotation3	19:43-20:00	RGF / KSA	HUN	SLO / HKG	CHN	BEL	UKR / LAT
Rotation4	20:00-20:17	UKR / LAT	RGF / KSA	HUN	SLO / HKG	CHN	BEL
Rotation5	20:17-20:34	BEL	UKR / LAT	RGF / KSA	HUN	SLO / HKG	CHN
Rotation6	20:34-20:50	CHN	BEL	UKR / LAT	RGF / KSA	HUN	SLO / HKG

**20 Oct Wed MAG Qualification****FOP****MAG Sub 3 09:20-11:00**

9:08		First Call					
9:13		March in					
Rotation1	9:20-9:36	JPN	AZE	ARM / PAN	NZL	BRA / BAN	SUI
Rotation2	9:36-9:53	SUI	JPN	AZE	ARM / PAN	NZL	BRA / BAN
Rotation3	9:53-10:10	BRA / BAN	SUI	JPN	AZE	ARM / PAN	NZL
Rotation4	10:10-10:27	NZL	BRA / BAN	SUI	JPN	AZE	ARM / PAN
Rotation5	10:27-10:44	ARM / PAN	NZL	BRA / BAN	SUI	JPN	AZE
Rotation6	10:44-11:00	AZE	ARM / PAN	NZL	BRA / BAN	SUI	JPN

**MAG Sub 4 11:10-12:50**

10:58		First Call					
11:03		March in					
Rotation1	11:10-11:26	LTU	ISL / PUR	NED / SYR	TPE	USA	BLR
Rotation2	11:26-11:43	BLR	LTU	ISL / PUR	NED / SYR	TPE	USA
Rotation3	11:43-12:00	USA	BLR	LTU	ISL / PUR	NED / SYR	TPE
Rotation4	12:00-12:17	TPE	USA	BLR	LTU	ISL / PUR	NED / SYR
Rotation5	12:17-12:34	NED / SYR	TPE	USA	BLR	LTU	ISL / PUR
Rotation6	12:34-12:50	ISL / PUR	NED / SYR	TPE	USA	BLR	LTU

**MAG Sub 5 13:20-15:00**

13:08		First Call					
13:13		March in					
Rotation1	13:20-13:36	THA / ROU	COL	KAZ	MEX	EGY	AUS
Rotation2	13:36-13:53	AUS	THA / ROU	COL	KAZ	MEX	EGY
Rotation3	13:53-14:10	EGY	AUS	THA / ROU	COL	KAZ	MEX
Rotation4	14:10-14:27	MEX	EGY	AUS	THA / ROU	COL	KAZ
Rotation5	14:27-14:44	KAZ	MEX	EGY	AUS	THA / ROU	COL
Rotation6	14:44-15:00	COL	KAZ	MEX	EGY	AUS	THA / ROU

**MAG Sub 6 15:10-16:50**

14:58		First Call					
15:03		March in					
Rotation1	15:10-15:26	TUR	VIE / ECU	CAN	GBR / SRB	IRL	KOR / ALB
Rotation2	15:26-15:43	KOR / ALB	TUR	VIE / ECU	CAN	GBR / SRB	IRL
Rotation3	15:43-16:00	IRL	KOR / ALB	TUR	VIE / ECU	CAN	GBR / SRB
Rotation4	16:00-16:17	GBR / SRB	IRL	KOR / ALB	TUR	VIE / ECU	CAN
Rotation5	16:17-16:34	CAN	GBR / SRB	IRL	KOR / ALB	TUR	VIE / ECU
Rotation6	16:34-16:50	VIE / ECU	CAN	GBR / SRB	IRL	KOR / ALB	TUR

**MAG Sub 7 17:20-19:00**

17:08		First Call					
17:13		March in					
Rotation1	17:20-17:36	UZB	ITA	DEN	CZE / PHI	FIN	CRO
Rotation2	17:36-17:53	CRO	UZB	ITA	DEN	CZE / PHI	FIN
Rotation3	17:53-18:10	FIN	CRO	UZB	ITA	DEN	CZE / PHI
Rotation4	18:10-18:27	CZE / PHI	FIN	CRO	UZB	ITA	DEN
Rotation5	18:27-18:44	DEN	CZE / PHI	FIN	CRO	UZB	ITA
Rotation6	18:44-19:00	ITA	DEN	CZE / PHI	FIN	CRO	UZB

**MAG Sub 8 19:10-20:50**

18:58		First Call					
19:03		March in					
Rotation1	19:10-19:26	ISR / CYP	IND	SWE	AUT	IRI	NOR / POL
Rotation2	19:26-19:43	NOR / POL	ISR / CYP	IND	SWE	AUT	IRI
Rotation3	19:43-20:00	IRI	NOR / POL	ISR / CYP	IND	SWE	AUT
Rotation4	20:00-20:17	AUT	IRI	NOR / POL	ISR / CYP	IND	SWE
Rotation5	20:17-20:34	SWE	AUT	IRI	NOR / POL	ISR / CYP	IND
Rotation6	20:34-20:50	IND	SWE	AUT	IRI	NOR / POL	ISR / CYP



**50TH FIG ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS**  
**KITAKYUSHU, JAPAN 2021**  
**COMPETITION SCHEDULE WAG/MAG**  
**with Podium Training**

**23 Oct Sat MAG/WAG Apparatus Finals****FOP****MAG / WAG Apparatus Finals Podium Open Warm Up****14:40-15:40****MAG / WAG Apparatus Finals 16:10-19:35**

MAG					
FX Final	2,5,1,3				
16:10-16:45	4,7,6,8				
WAG					
VT Final	7,1,8,5,				
16:45-17:20	6,3,4,2				
Victory Ceremony					
17:25-17:50					
MAG					
PH Final	6,8,3,4				
17:50-18:25	1,2,7,5				
WAG					
UB Final	2,1,7,3,				
18:25-19:00	6,4,5,8				
MAG					
SR Final	7,6,1,4				
19:00-19:35	3,5,2,8				
Victory Ceremony					
19:40-20:10					

**24 Oct Sun MAG/WAG Apparatus Finals****FOP****MAG / WAG Apparatus Final Podium Open Warm Up****14:55-15:55****MAG / WAG Apparatus Final 16:25-19:45**

MAG					
VT Final	3,4,2,7				
16:25-17:00	5,6,8,1				
WAG					
BB Final	5,1,6,3,				
17:00-17:35	8,7,2,4				
Victory Ceremony					
17:40-18:00					
MAG					
PB Final	4,7,1,6				
18:00-18:35	8,3,5,2				
WAG					
FX Final	5,8,3,6,				
18:35-19:10	2,1,7,4				
MAG					
HB Final	6,7,3,5				
19:10-19:45	1,8,4,2				
Victory Ceremony					
19:50-20:20					

50TH ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS  
KITAKYUSHU, JAPAN 2021  
MAG TRAINING SCHEDULE

14 Oct Thu Training Day



WUH

Training Hall 1 Ano Dome

MAG Sub 1 8:00-10:00		24min General Warm up						
8:00-8:24		16min Rotation						
R1	8:24 - 8:40	OPEN					POR	OPEN
R2	8:40 - 8:56						FRA	
R3	8:56 - 9:12						GRE	
R4	9:12 - 9:28						BUL	
R5	9:28 - 9:44						ESP	
R6	9:44 - 10:00						GER	

MAG Sub 2 10:00-11:30		24min General Warm up						
10:00-10:24		11min Rotation						
R1	10:24 - 10:35	OPEN					RGF / KSA	OPEN
R2	10:35 - 10:46						UKR / LAT	
R3	10:46 - 10:57						BEL	
R4	10:57 - 11:08						CHN	
R5	11:08 - 11:19						SLO	
R6	11:19 - 11:30						HUN	

MAG Sub 3 11:45-13:45		24min General Warm up						
11:45-12:09		16min Rotation						
R1	12:09 - 12:25	OPEN					BRA / BAN	OPEN
R2	12:25 - 12:41						NZL	
R3	12:41 - 12:57						ARM / PAN	
R4	12:57 - 13:13						AZE	
R5	13:13 - 13:29						JPN	
R6	13:29 - 13:45						SUI	

MAG Sub 5 14:40-16:40		24min General Warm up						
14:40-15:04		16min Rotation						
R1	15:04 - 15:20	OPEN					MEX	OPEN
R2	15:20 - 15:36						KAZ	
R3	15:36 - 15:52						COL	
R4	15:52 - 16:08						THA / ROU	
R5	16:08 - 16:24						AUS	
R6	16:24 - 16:40						EGY	

MAG Sub 6 16:40-18:10		24min General Warm up						
16:40-17:04		11min Rotation						
R1	17:04 - 17:15	OPEN					GBR / SRB	OPEN
R2	17:15 - 17:26						CAN	
R3	17:26 - 17:37						VIE / ECU	
R4	17:37 - 17:48						TUR	
R5	17:48 - 17:59						KOR / ALB	
R6	17:59 - 18:10						IRL	

MAG Sub 7 18:25-20:25		24min General Warm up						
18:25-18:49		16min Rotation						
R1	18:49 - 19:05	OPEN					CZE / PHI	OPEN
R2	19:05 - 19:21						DEN	
R3	19:21 - 19:37						ITA	
R4	19:37 - 19:53						UZB	
R5	19:53 - 20:09						CRO	
R6	20:09 - 20:25						FIN	

Training Hall 2 Ano Dome

MAG Sub 4 11:45-13:45		24min General Warm up						
11:45-12:09		16min Rotation						
R1	12:09 - 12:25	OPEN					USA	OPEN
R2	12:25 - 12:41						TPE	
R3	12:41 - 12:57						NED/ SYR	
R4	12:57 - 13:13						ISL/PUR	
R5	13:13 - 13:29						LTU	
R6	13:29 - 13:45						BLR	

MAG Sub 1 14:00-15:30		24min General Warm up						
14:00-14:24		11min Rotation						
R1	14:24 - 14:35	OPEN					FRA	OPEN
R2	14:35 - 14:46						GRE	
R3	14:46 - 14:57						BUL	
R4	14:57 - 15:08						ESP	
R5	15:08 - 15:19						GER	
R6	15:19 - 15:30						POR	

MAG Sub 2 15:30-17:30		24min General Warm up						
15:30-15:54		16min Rotation						
R1	15:54 - 16:10	OPEN					UKR / LAT	OPEN
R2	16:10 - 16:26						BEL	
R3	16:26 - 16:42						CHN	
R4	16:42 - 16:58						SLO	
R5	16:58 - 17:14						HUN	
R6	17:14 - 17:30						RGF / KSA	

MAG Sub 3 17:45-19:15		24min General Warm up						
17:45-18:09		11min Rotation						
R1	18:09 - 18:20	OPEN					NZL	OPEN
R2	18:20 - 18:31						ARM / PAN	
R3	18:31 - 18:42						AZE	
R4	18:42 - 18:53						JPN	
R5	18:53 - 19:04						SUI	
R6	19:04 - 19:15						BRA / BAN	

Training Hall 3 Aso Sports Centre

MAG Sub 5 8:00-9:30		24min General Warm up						
8:00-8:24		11min Rotation						
R1	8:24 - 8:35	OPEN					EGY	OPEN
R2	8:35 - 8:46						MEX	
R3	8:46 - 8:57						KAZ	
R4	8:57 - 9:08						COL	
R5	9:08 - 9:19						THA / ROU	
R6	9:19 - 9:30						AUS	

MAG Sub 6 9:30-11:30		24min General Warm up						
9:30-9:54		16min Rotation						
R1	9:54 - 10:10	OPEN					IRL	OPEN
R2	10:10 - 10:26						GBR / SRB	
R3	10:26 - 10:42						CAN	
R4	10:42 - 10:58						VIE / ECU	
R5	10:58 - 11:14						TUR	
R6	11:14 - 11:30						KOR / ALB	

MAG Sub 7 11:45-13:15		24min General Warm up						
11:45-12:09		11min Rotation						
R1	12:09 - 12:20	OPEN					FIN	OPEN
R2	12:20 - 12:31						CZE / PHI	
R3	12:31 - 12:42						DEN	
R4	12:42 - 12:53						ITA	
R5	12:53 - 13:04						UZB	
R6	13:04 - 13:15						CRO	

MAG Sub 8 13:15-15:15		24min General Warm up						
13:15-13:39		16min Rotation						
R1	13:39 - 13:55	OPEN					IRI	OPEN
R2	13:55 - 14:11						AUT	
R3	14:11 - 14:27						SWE	
R4	14:27 - 14:43						IND	
R5	14:43 - 14:59						ISR / CYP	
R6	14:59 - 15:15						NOR / POL	

MAG Sub 4 17:45-19:15		24min General Warm up						
17:45-18:09		11min Rotation						
R1	18:09 - 18:20	OPEN					TPE	OPEN
R2	18:20 - 18:31						NED/ SYR	
R3	18:31 - 18:42						ISL/PUR	
R4	18:42 - 18:53						LTU	
R5	18:53 - 19:04						BLR	
R6	19:04 - 19:15						USA	

MAG Sub 8		19:15-20:45									
19:15-19:39		24min General Warm up									
11min Rotation											
R1	19:39 ~ 19:50	OPEN						AUT	OPEN		
R2	19:50 ~ 20:01							SWE			
R3	20:01 ~ 20:12							IND			
R4	20:12 ~ 20:23							ISR / CYP			
R5	20:23 ~ 20:34							NOR / POL			
R6	20:34 ~ 20:45							IRI			

# 50TH ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS KITAKYUSHU, JAPAN 2021 MAG TRAINING SCHEDULE

**15 Oct Fri Podium Training Day1**



WUH

## Training Hall 1 Ano Dome

### MAG Sub 1 8:00-10:00

8:00-8:24		24min General Warm up					
16min Rotation		■	▲	⏸	⏹	⏺	□
R1	8:24 - 8:40	OPEN				GRE	OPEN
R2	8:40 - 8:56					BUL	
R3	8:56 - 9:12					ESP	
R4	9:12 - 9:28					GER	
R5	9:28 - 9:44					POR	
R6	9:44 - 10:00					FRA	

### MAG Sub 2 10:00-11:30

10:00-10:24		24min General Warm up					
11min Rotation		■	▲	⏸	⏹	⏺	□
R1	10:24 - 10:35	OPEN				BEL	OPEN
R2	10:35 - 10:46					CHN	
R3	10:46 - 10:57					SLO	
R4	10:57 - 11:08					HUN	
R5	11:08 - 11:19					RGF / KSA	
R6	11:19 - 11:30					UKR / LAT	

### MAG Sub 3 11:45-13:45

11:45-12:09		24min General Warm up					
16min Rotation		■	▲	⏸	⏹	⏺	□
R1	12:09 - 12:25	OPEN				ARM / PAN	OPEN
R2	12:25 - 12:41					AZE	
R3	12:41 - 12:57					JPN	
R4	12:57 - 13:13					SUI	
R5	13:13 - 13:29					BRA / BAN	
R6	13:29 - 13:45					NZL	

### MAG Sub 5 14:40-16:40

14:40-15:04		24min General Warm up					
16min Rotation		■	▲	⏸	⏹	⏺	□
R1	15:04 - 15:20	OPEN				COL	OPEN
R2	15:20 - 15:36					THA / ROU	
R3	15:36 - 15:52					AUS	
R4	15:52 - 16:08					EGY	
R5	16:08 - 16:24					MEX	
R6	16:24 - 16:40					KAZ	

### MAG Sub 6 16:40-18:10

16:40-17:04		24min General Warm up					
11min Rotation		■	▲	⏸	⏹	⏺	□
R1	17:04 - 17:15	OPEN				VIE / ECU	OPEN
R2	17:15 - 17:26					TUR	
R3	17:26 - 17:37					KOR / ALB	
R4	17:37 - 17:48					IRL	
R5	17:48 - 17:59					GBR / SRB	
R6	17:59 - 18:10					CAN	

### MAG Sub 7 18:25-20:25

18:25-18:49		24min General Warm up					
16min Rotation		■	▲	⏸	⏹	⏺	□
R1	18:49 - 19:05	OPEN				ITA	OPEN
R2	19:05 - 19:21					UZB	
R3	19:21 - 19:37					CRO	
R4	19:37 - 19:53					FIN	
R5	19:53 - 20:09					CZE / PHI	
R6	20:09 - 20:25					DEN	

## Training Hall 2 Ano Dome

### MAG Sub 4 11:45-13:45

11:45-12:09		24min General Warm up					
16min Rotation		■	▲	⏸	⏹	⏺	□
R1	12:09 - 12:25	OPEN				NED/ SYR	OPEN
R2	12:25 - 12:41					ISL/PUR	
R3	12:41 - 12:57					LTU	
R4	12:57 - 13:13					BLR	
R5	13:13 - 13:29					USA	
R6	13:29 - 13:45					TPE	

### MAG Sub 1 14:00-15:30

14:00-14:24		24min General Warm up					
11min Rotation		■	▲	⏸	⏹	⏺	□
R1	14:24 - 14:35	OPEN				BUL	OPEN
R2	14:35 - 14:46					ESP	
R3	14:46 - 14:57					GER	
R4	14:57 - 15:08					POR	
R5	15:08 - 15:19					FRA	
R6	15:19 - 15:30					GRE	

### MAG Sub 2 15:30-17:30

15:30-15:54		24min General Warm up					
16min Rotation		■	▲	⏸	⏹	⏺	□
R1	15:54 - 16:10	OPEN				CHN	OPEN
R2	16:10 - 16:26					SLO	
R3	16:26 - 16:42					HUN	
R4	16:42 - 16:58					RGF / KSA	
R5	16:58 - 17:14					UKR / LAT	
R6	17:14 - 17:30					BEL	

### MAG Sub 3 17:45-19:15

17:45-18:09		24min General Warm up					
11min Rotation		■	▲	⏸	⏹	⏺	□
R1	18:09 - 18:20	OPEN				AZE	OPEN
R2	18:20 - 18:31					JPN	
R3	18:31 - 18:42					SUI	
R4	18:42 - 18:53					BRA / BAN	
R5	18:53 - 19:04					NZL	
R6	19:04 - 19:15					ARM / PAN	

## Training Hall 3 Aso Sports Centre

### MAG Sub 5 8:00-9:30

8:00-8:24		24min General Warm up					
11min Rotation		■	▲	⏸	⏹	⏺	□
R1	8:24 - 8:35	OPEN				KAZ	OPEN
R2	8:35 - 8:46					COL	
R3	8:46 - 8:57					THA / ROU	
R4	8:57 - 9:08					AUS	
R5	9:08 - 9:19					EGY	
R6	9:19 - 9:30					MEX	

### MAG Sub 6 9:30-11:30

9:30-9:54		24min General Warm up					
16min Rotation		■	▲	⏸	⏹	⏺	□
R1	9:54 - 10:10	OPEN				CAN	OPEN
R2	10:10 - 10:26					VIE / ECU	
R3	10:26 - 10:42					TUR	
R4	10:42 - 10:58					KOR / ALB	
R5	10:58 - 11:14					IRL	
R6	11:14 - 11:30					GBR / SRB	

### MAG Sub 7 11:45-13:15

11:45-12:09		24min General Warm up					
11min Rotation		■	▲	⏸	⏹	⏺	□
R1	12:09 - 12:20	OPEN				DEN	OPEN
R2	12:20 - 12:31					ITA	
R3	12:31 - 12:42					UZB	
R4	12:42 - 12:53					CRO	
R5	12:53 - 13:04					FIN	
R6	13:04 - 13:15					CZE / PHI	

### MAG Sub 8 13:15-15:15

13:15-13:39		24min General Warm up					
16min Rotation		■	▲	⏸	⏹	⏺	□
R1	13:39 - 13:55	OPEN				SWE	OPEN
R2	13:55 - 14:11					IND	
R3	14:11 - 14:27					ISR / CYP	
R4	14:27 - 14:43					NOR / POL	
R5	14:43 - 14:59					IRI	
R6	14:59 - 15:15					AUT	

### MAG Sub 4 17:45-19:15

17:45-18:09		24min General Warm up					
11min Rotation		■	▲	⏸	⏹	⏺	□
R1	18:09 - 18:20	OPEN				ISL/PUR	OPEN
R2	18:20 - 18:31					LTU	
R3	18:31 - 18:42					BLR	
R4	18:42 - 18:53					USA	
R5	18:53 - 19:04					TPE	
R6	19:04 - 19:15					NED/ SYR	

### MAG Sub 8 19:15-20:45

19:15-19:39		24min General Warm up					
11min Rotation		■	▲	⏸	⏹	⏺	□
R1	19:39 - 19:50	OPEN				IND	OPEN
R2	19:50 - 20:01					ISR / CYP	
R3	20:01 - 20:12					NOR / POL	
R4	20:12 - 20:23					IRI	
R5	20:23 - 20:34					AUT	
R6	20:34 - 20:45					SWE	

50TH ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS  
KITAKYUSHU, JAPAN 2021  
MAG TRAINING SCHEDULE

16 Oct Sat Podium Training Day2



Training Hall 1 Ano Dome

MAG Sub 4 8:00-9:30	
8:00-8:24	24min General Warm up
11min Rotation	
R1 8:24 - 8:35	LTU
R2 8:35 - 8:46	BLR
R3 8:46 - 8:57	USA
R4 8:57 - 9:08	TPE
R5 9:08 - 9:19	NED/ SYR
R6 9:19 - 9:30	ISL/PUR

Training Hall 2 Ano Dome

MAG Sub 5 8:30-10:00	
8:30-8:54	24min General Warm up
11min Rotation	
R1 8:54 - 9:05	THA / ROU
R2 9:05 - 9:16	AUS
R3 9:16 - 9:27	EGY
R4 9:27 - 9:38	MEX
R5 9:38 - 9:49	KAZ
R6 9:49 - 10:00	COL

Training Hall 3 Aso Sports Centre

MAG Sub 3 8:00-9:30	
8:00-8:24	24min General Warm up
11min Rotation	
R1 8:24 - 8:35	JPN
R2 8:35 - 8:46	SUI
R3 8:46 - 8:57	BRA / BAN
R4 8:57 - 9:08	NZL
R5 9:08 - 9:19	ARM / PAN
R6 9:19 - 9:30	AZE

WUH

MAG Sub 1 15:05-16:45	
15:05-15:27	22min General Warm up
13min Rotation	
R1 15:27 - 15:40	FRA
R2 15:40 - 15:53	GRE
R3 15:53 - 16:06	BUL
R4 16:06 - 16:19	ESP
R5 16:19 - 16:32	GER
R6 16:32 - 16:45	POR

MAG Sub 6 10:15-11:45	
10:15-10:39	24min General Warm up
11min Rotation	
R1 10:39 - 10:50	TUR
R2 10:50 - 11:01	KOR / ALB
R3 11:01 - 11:12	IRL
R4 11:12 - 11:23	GBR / SRB
R5 11:23 - 11:34	CAN
R6 11:34 - 11:45	VIE / ECU

MAG Sub 7 11:00-12:30	
11:00-11:24	24min General Warm up
11min Rotation	
R1 11:24 - 11:35	UZB
R2 11:35 - 11:46	CRO
R3 11:46 - 11:57	FIN
R4 11:57 - 12:08	CZE / PHI
R5 12:08 - 12:19	DEN
R6 12:19 - 12:30	ITA

MAG Sub 1 9:35-11:05	
9:35-9:59	24min General Warm up
11min Rotation	
R1 9:59 - 10:10	ESP
R2 10:10 - 10:21	GER
R3 10:21 - 10:32	POR
R4 10:32 - 10:43	FRA
R5 10:43 - 10:54	GRE
R6 10:54 - 11:05	BUL

MAG Sub 2 17:15-18:55	
17:15-17:37	22min General Warm up
13min Rotation	
R1 17:37 - 17:50	UKR / LAT
R2 17:50 - 18:03	BEL
R3 18:03 - 18:16	CHN
R4 18:16 - 18:29	SLO
R5 18:29 - 18:42	HUN
R6 18:42 - 18:55	RGF / KSA

MAG Sub 8 12:00-13:30	
12:00-12:24	24min General Warm up
11min Rotation	
R1 12:24 - 12:35	ISR / CYP
R2 12:35 - 12:46	NOR / POL
R3 12:46 - 12:57	IRI
R4 12:57 - 13:08	AUT
R5 13:08 - 13:19	SWE
R6 13:19 - 13:30	IND

MAG Sub 3 13:30-16:00	
13:30-13:54	24min General Warm up
21min Rotation	
R1 13:54 - 14:15	SUI
R2 14:15 - 14:36	BRA / BAN
R3 14:36 - 14:57	NZL
R4 14:57 - 15:18	ARM / PAN
R5 15:18 - 15:39	AZE
R6 15:39 - 16:00	JPN

MAG Sub 2 11:45-13:15	
11:45-12:09	24min General Warm up
11min Rotation	
R1 12:09 - 12:20	SLO
R2 12:20 - 12:31	HUN
R3 12:31 - 12:42	RGF / KSA
R4 12:42 - 12:53	UKR / LAT
R5 12:53 - 13:04	BEL
R6 13:04 - 13:15	CHN

MAG Sub 4 14:00-16:30	
14:00-14:24	24min General Warm up
21min Rotation	
R1 14:24 - 14:45	BLR
R2 14:45 - 15:06	USA
R3 15:06 - 15:27	TPE
R4 15:27 - 15:48	NED/ SYR
R5 15:48 - 16:09	ISL/PUR
R6 16:09 - 16:30	LTU

MAG Sub 6 16:15-18:45	
16:15-16:39	24min General Warm up
21min Rotation	
R1 16:39 - 17:00	KOR / ALB
R2 17:00 - 17:21	IRL
R3 17:21 - 17:42	GBR / SRB
R4 17:42 - 18:03	CAN
R5 18:03 - 18:24	VIE / ECU
R6 18:24 - 18:45	TUR

MAG Sub 5 14:00-16:30	
14:00-14:24	24min General Warm up
21min Rotation	
R1 14:24 - 14:45	AUS
R2 14:45 - 15:06	EGY
R3 15:06 - 15:27	MEX
R4 15:27 - 15:48	KAZ
R5 15:48 - 16:09	COL
R6 16:09 - 16:30	THA / ROU

MAG Sub 7 17:00-19:30	
17:00-17:24	24min General Warm up
21min Rotation	
R1 17:24 - 17:45	CRO
R2 17:45 - 18:06	FIN
R3 18:06 - 18:27	CZE / PHI
R4 18:27 - 18:48	DEN
R5 18:48 - 19:09	ITA
R6 19:09 - 19:30	UZB

MAG Sub 8 17:30-20:00	
17:30-17:54	24min General Warm up
21min Rotation	
R1 17:54 - 18:15	NOR / POL
R2 18:15 - 18:36	IRI
R3 18:36 - 18:57	AUT
R4 18:57 - 19:18	SWE
R5 19:18 - 19:39	IND
R6 19:39 - 20:00	ISR / CYP

50TH ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS  
KITAKYUSHU, JAPAN 2021  
MAG TRAINING SCHEDULE

17 Oct Sun Podium Training Day3



Training Hall 1 Ano Dome

MAG Sub 1 9:00-10:30		24min General Warm up						
9:00-9:24								
11min Rotation								
R1	9:24 - 9:35	OPEN					GER	OPEN
R2	9:35 - 9:46						POR	
R3	9:46 - 9:57						FRA	
R4	9:57 - 10:08						GRE	
R5	10:08 - 10:19						BUL	
R6	10:19 - 10:30						ESP	

MAG Sub 1 14:30-17:00		24min General Warm up						
14:30-14:54								
21min Rotation								
R1	14:54 - 15:15	Open					POR	OPEN
R2	15:15 - 15:36						FRA	
R3	15:36 - 15:57						GRE	
R4	15:57 - 16:18						BUL	
R5	16:18 - 16:39						ESP	
R6	16:39 - 17:00						GER	

Training Hall 2 Ano Dome

MAG Sub 2 10:00-11:30		24min General Warm up						
10:00-10:24								
11min Rotation								
R1	10:24 - 10:35	OPEN					HUN	OPEN
R2	10:35 - 10:46						RGF / KSA	
R3	10:46 - 10:57						UKR / LAT	
R4	10:57 - 11:08						BEL	
R5	11:08 - 11:19						CHN	
R6	11:19 - 11:30						SLO	

MAG Sub 2 15:30-18:00		24min General Warm up						
15:30-15:54								
21min Rotation								
R1	15:54 - 16:15	Open					RGF / KSA	OPEN
R2	16:15 - 16:36						UKR / LAT	
R3	16:36 - 16:57						BEL	
R4	16:57 - 17:18						CHN	
R5	17:18 - 17:39						SLO	
R6	17:39 - 18:00						HUN	

Training Hall 3 Aso Sports Centre

MAG Sub 6 7:45-9:15		24min General Warm up						
7:45-8:09								
11min Rotation								
R1	8:09 - 8:20	OPEN					IRL	OPEN
R2	8:20 - 8:31						GBR / SRB	
R3	8:31 - 8:42						CAN	
R4	8:42 - 8:53						VIE / ECU	
R5	8:53 - 9:04						TUR	
R6	9:04 - 9:15						KOR / ALB	

MAG Sub 7 9:55-11:25		24min General Warm up						
9:55-10:19								
11min Rotation								
R1	10:19 - 10:30	OPEN					FIN	OPEN
R2	10:30 - 10:41						CZE / PHI	
R3	10:41 - 10:52						DEN	
R4	10:52 - 11:03						ITA	
R5	11:03 - 11:14						UZB	
R6	11:14 - 11:25						CRO	

MAG Sub 8 11:45-13:15		24min General Warm up						
11:45-12:09								
11min Rotation								
R1	12:09 - 12:20	OPEN					IRI	OPEN
R2	12:20 - 12:31						AUT	
R3	12:31 - 12:42						SWE	
R4	12:42 - 12:53						IND	
R5	12:53 - 13:04						ISR/CYP	
R6	13:04 - 13:15						NOR/POL	

MAG Sub 3 15:00-16:30		24min General Warm up						
15:00-15:24								
11min Rotation								
R1	15:24 - 15:35	OPEN					BRA / BAN	OPEN
R2	15:35 - 15:46						NZL	
R3	15:46 - 15:57						ARM / PAN	
R4	15:57 - 16:08						AZE	
R5	16:08 - 16:19						JPN	
R6	16:19 - 16:30						SUI	

MAG Sub 4 16:50-18:20		24min General Warm up						
16:50-17:14								
11min Rotation								
R1	17:14 - 17:25	OPEN					USA	OPEN
R2	17:25 - 17:36						TPE	
R3	17:36 - 17:47						NED/ SYR	
R4	17:47 - 17:58						ISL/PUR	
R5	17:58 - 18:09						LTU	
R6	18:09 - 18:20						BLR	

MAG Sub 5 19:00-20:30		24min General Warm up						
19:00-19:24								
11min Rotation								
R1	19:24 - 19:35	OPEN					EGY	OPEN
R2	19:35 - 19:46						MEX	
R3	19:46 - 19:57						KAZ	
R4	19:57 - 20:08						COL	
R5	20:08 - 20:19						THA / ROU	
R6	20:19 - 20:30						AUS	

WUH

MAG Sub 3 7:25-9:05		22min General Warm up						
7:25-7:47								
13min Rotation								
R1	7:47 - 8:00	OPEN					NZL	OPEN
R2	8:00 - 8:13						ARM / PAN	
R3	8:13 - 8:26						AZE	
R4	8:26 - 8:39						JPN	
R5	8:39 - 8:52						SUI	
R6	8:52 - 9:05						BRA / BAN	

MAG Sub 4 9:15-10:55		22min General Warm up						
9:15-9:37								
13min Rotation								
R1	9:37 - 9:50	OPEN					TPE	OPEN
R2	9:50 - 10:03						NED/ SYR	
R3	10:03 - 10:16						ISL/PUR	
R4	10:16 - 10:29						LTU	
R5	10:29 - 10:42						BLR	
R6	10:42 - 10:55						USA	

MAG Sub 5 11:25-13:05		22min General Warm up						
11:25-11:47								
13min Rotation								
R1	11:47 - 12:00	OPEN					MEX	OPEN
R2	12:00 - 12:13						KAZ	
R3	12:13 - 12:26						COL	
R4	12:26 - 12:39						THA / ROU	
R5	12:39 - 12:52						AUS	
R6	12:52 - 13:05						EGY	

MAG Sub 6 13:15-14:55		22min General Warm up						
13:15-13:37								
13min Rotation								
R1	13:37 - 13:50	OPEN					GBR / SRB	OPEN
R2	13:50 - 14:03						CAN	
R3	14:03 - 14:16						VIE / ECU	
R4	14:16 - 14:29						TUR	
R5	14:29 - 14:42						KOR / ALB	
R6	14:42 - 14:55						IRL	

MAG Sub 7 15:25-17:05	
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# 50TH ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS KITAKYUSHU, JAPAN 2021 MAG TRAINING SCHEDULE

## 18 Oct Mon Day1 WAG Qualification



WUH

### Training Hall 1 Ano Dome

#### MAG Sub 1 8:00-10:00

8:00-8:24	24min General Warm up						
16min Rotation							
R1 8:24 - 8:40	OPEN				FRA	OPEN	
R2 8:40 - 8:56					GRE		
R3 8:56 - 9:12					BUL		
R4 9:12 - 9:28					ESP		
R5 9:28 - 9:44					GER		
R6 9:44 - 10:00					POR		

#### MAG Sub 2 10:00-11:30

10:00-10:24	24min General Warm up						
11min Rotation							
R1 10:24 - 10:35	OPEN				UKR / LAT	OPEN	
R2 10:35 - 10:46					BEL		
R3 10:46 - 10:57					CHN		
R4 10:57 - 11:08					SLO		
R5 11:08 - 11:19					HUN		
R6 11:19 - 11:30					RGF / KSA		

#### MAG Sub 3 11:45-13:45

11:45-12:09	24min General Warm up						
16min Rotation							
R1 12:09 - 12:25	OPEN				NZL	OPEN	
R2 12:25 - 12:41					ARM / PAN		
R3 12:41 - 12:57					AZE		
R4 12:57 - 13:13					JPN		
R5 13:13 - 13:29					SUI		
R6 13:29 - 13:45					BRA / BAN		

#### MAG Sub 5 14:40-16:40

14:40-15:04	24min General Warm up						
16min Rotation							
R1 15:04 - 15:20	OPEN				KAZ	OPEN	
R2 15:20 - 15:36					COL		
R3 15:36 - 15:52					THA / ROU		
R4 15:52 - 16:08					AUS		
R5 16:08 - 16:24					EGY		
R6 16:24 - 16:40					MEX		

#### MAG Sub 6 16:40-18:10

16:40-17:04	24min General Warm up						
11min Rotation							
R1 17:04 - 17:15	OPEN				CAN	OPEN	
R2 17:15 - 17:26					VIE / ECU		
R3 17:26 - 17:37					TUR		
R4 17:37 - 17:48					KOR / ALB		
R5 17:48 - 17:59					IRL		
R6 17:59 - 18:10					GBR / SRB		

#### MAG Sub 7 18:25-20:25

18:25-18:49	24min General Warm up						
16min Rotation							
R1 18:49 - 19:05	OPEN				DEN	OPEN	
R2 19:05 - 19:21					ITA		
R3 19:21 - 19:37					UZB		
R4 19:37 - 19:53					CRO		
R5 19:53 - 20:09					FIN		
R6 20:09 - 20:25					CZE / PHI		

### Training Hall 2 Ano Dome

#### MAG Sub 4 11:45-13:45

11:45-12:09	24min General Warm up						
16min Rotation							
R1 12:09 - 12:25	OPEN				TPE	OPEN	
R2 12:25 - 12:41					NED/ SYR		
R3 12:41 - 12:57					ISL/PUR		
R4 12:57 - 13:13					LTU		
R5 13:13 - 13:29					BLR		
R6 13:29 - 13:45					USA		

#### MAG Sub 1 14:00-15:30

14:00-14:24	24min General Warm up						
11min Rotation							
R1 14:24 - 14:35	OPEN				GRE	OPEN	
R2 14:35 - 14:46					BUL		
R3 14:46 - 14:57					ESP		
R4 14:57 - 15:08					GER		
R5 15:08 - 15:19					POR		
R6 15:19 - 15:30					FRA		

#### MAG Sub 2 15:30-17:30

15:30-15:54	24min General Warm up						
16min Rotation							
R1 15:54 - 16:10	OPEN				BEL	OPEN	
R2 16:10 - 16:26					CHN		
R3 16:26 - 16:42					SLO		
R4 16:42 - 16:58					HUN		
R5 16:58 - 17:14					RGF / KSA		
R6 17:14 - 17:30					UKR / LAT		

#### MAG Sub 3 17:45-19:15

17:45-18:09	24min General Warm up						
11min Rotation							
R1 18:09 - 18:20	OPEN				ARM / PAN	OPEN	
R2 18:20 - 18:31					AZE		
R3 18:31 - 18:42					JPN		
R4 18:42 - 18:53					SUI		
R5 18:53 - 19:04					BRA / BAN		
R6 19:03 - 19:15					NZL		

### Training Hall 3 Aso Sports Centre

#### MAG Sub 5 8:00-9:30

8:00-8:24	24min General Warm up						
11min Rotation							
R1 8:24 - 8:35	OPEN				MEX	OPEN	
R2 8:35 - 8:46					KAZ		
R3 8:46 - 8:57					COL		
R4 8:57 - 9:08					THA / ROU		
R5 9:08 - 9:19					AUS		
R6 9:19 - 9:30					EGY		

#### MAG Sub 6 9:30-11:30

9:30-9:54	24min General Warm up						
16min Rotation							
R1 9:54 - 10:10	OPEN				GBR / SRB	OPEN	
R2 10:10 - 10:26					CAN		
R3 10:26 - 10:42					VIE / ECU		
R4 10:42 - 10:58					TUR		
R5 10:58 - 11:14					KOR / ALB		
R6 11:14 - 11:30					IRL		

#### MAG Sub 7 11:45-13:15

11:45-12:09	24min General Warm up						
11min Rotation							
R1 12:09 - 12:20	OPEN				CZE / PHI	OPEN	
R2 12:20 - 12:31					DEN		
R3 12:31 - 12:42					ITA		
R4 12:42 - 12:53					UZB		
R5 12:53 - 13:04					CRO		
R6 13:04 - 13:15					FIN		

#### MAG Sub 8 13:15-15:15

13:15-13:39	24min General Warm up						
16min Rotation							
R1 13:39 - 13:55	OPEN				AUT	OPEN	
R2 13:55 - 14:11					SWE		
R3 14:11 - 14:27					IND		
R4 14:27 - 14:43					ISR/CYP		
R5 14:43 - 14:59					NOR/POL		
R6 14:59 - 15:15					IRI		

#### MAG Sub 4 17:45-19:15

17:45-18:09	24min General Warm up						
11min Rotation							
R1 18:09 - 18:20	OPEN				NED/ SYR	OPEN	
R2 18:20 - 18:31					ISL/PUR		
R3 18:31 - 18:42					LTU		
R4 18:42 - 18:53					BLR		
R5 18:53 - 19:04					USA		
R6 19:04 - 19:15					TPE		

#### MAG Sub 8 19:15-20:45

19:15-19:39	24min General Warm up						
11min Rotation							
R1 19:39 - 19:50	OPEN				SWE	OPEN	
R2 19:50 - 20:01					IND		
R3 20:01 - 20:12					ISR/CYP		
R4 20:12 - 20:23					NOR/POL		
R5 20:23 - 20:34					IRI		
R6 20:34 - 20:45					AUT		

50TH ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS  
KITAKYUSHU, JAPAN 2021  
MAG TRAINING SCHEDULE

19 Oct Tue Day2 WAG/MAG Qualification



Training Hall 1 Ano Dome

MAG Sub 4 8:00-9:30	
8:00-8:24	24min General Warm up
11min Rotation	
R1 8:24 - 8:35	OPEN
R2 8:35 - 8:46	
R3 8:46 - 8:57	
R4 8:57 - 9:08	
R5 9:08 - 9:19	
R6 9:19 - 9:30	
	ISL/PUR
	LTU
	BLR
	USA
	TPE
	NED/ SYR
	OPEN

MAG Sub 6 10:15-11:45	
10:15-10:39	24min General Warm up
11min Rotation	
R1 10:39 - 10:50	OPEN
R2 10:50 - 11:01	
R3 11:01 - 11:12	
R4 11:12 - 11:23	
R5 11:23 - 11:34	
R6 11:34 - 11:45	
	VIE / ECU
	TUR
	KOR / ALB
	IRL
	GBR / SRB
	CAN
	OPEN

MAG Sub 8 12:00-13:30	
12:00-12:24	24min General Warm up
11min Rotation	
R1 12:24 - 12:35	OPEN
R2 12:35 - 12:46	
R3 12:46 - 12:57	
R4 12:57 - 13:08	
R5 13:08 - 13:19	
R6 13:19 - 13:30	
	IND
	ISR/CYP
	NOR/POL
	IRI
	AUT
	SWE
	OPEN

MAG Sub 4 14:00-16:30	
14:00-14:24	24min General Warm up
21min Rotation	
R1 14:24 - 14:45	OPEN
R2 14:45 - 15:06	
R3 15:06 - 15:27	
R4 15:27 - 15:48	
R5 15:48 - 16:09	
R6 16:09 - 16:30	
	LTU
	BLR
	USA
	TPE
	NED/ SYR
	ISL/PUR
	OPEN

MAG Sub 7 17:00-19:30	
17:00-17:24	24min General Warm up
21min Rotation	
R1 17:24 - 17:45	OPEN
R2 17:45 - 18:06	
R3 18:06 - 18:27	
R4 18:27 - 18:48	
R5 18:48 - 19:09	
R6 19:09 - 19:30	
	UZB
	CRO
	FIN
	CZE / PHI
	DEN
	ITA
	OPEN

Training Hall 2 Ano Dome

MAG Sub 5 8:30-10:00	
8:30-8:54	24min General Warm up
11min Rotation	
R1 8:54 - 9:05	OPEN
R2 9:05 - 9:16	
R3 9:16 - 9:27	
R4 9:27 - 9:38	
R5 9:38 - 9:49	
R6 9:49 - 10:00	
	COL
	THA / ROU
	AUS
	EGY
	MEX
	KAZ
	OPEN

MAG Sub 7 11:00-12:30	
11:00-11:24	24min General Warm up
11min Rotation	
R1 11:24 - 11:35	OPEN
R2 11:35 - 11:46	
R3 11:46 - 11:57	
R4 11:57 - 12:08	
R5 12:08 - 12:19	
R6 12:19 - 12:30	
	ITA
	UZB
	CRO
	FIN
	CZE / PHI
	DEN
	OPEN

MAG Sub 3 13:30-16:00	
13:30-13:54	24min General Warm up
21min Rotation	
R1 13:54 - 14:15	OPEN
R2 14:15 - 14:36	
R3 14:36 - 14:57	
R4 14:57 - 15:18	
R5 15:18 - 15:39	
R6 15:39 - 16:00	
	JPN
	SUI
	BRA / BAN
	NZL
	ARM / PAN
	AZE
	OPEN

MAG Sub 6 16:15-18:45	
16:15-16:39	24min General Warm up
21min Rotation	
R1 16:39 - 17:00	OPEN
R2 17:00 - 17:21	
R3 17:21 - 17:42	
R4 17:42 - 18:03	
R5 18:03 - 18:24	
R6 18:24 - 18:45	
	TUR
	KOR / ALB
	IRL
	GBR / SRB
	CAN
	VIE / ECU
	OPEN

Training Hall 3 Aso Sports Centre

MAG Sub 3 8:00-9:30	
8:00-8:24	24min General Warm up
11min Rotation	
R1 8:24 - 8:35	OPEN
R2 8:35 - 8:46	
R3 8:46 - 8:57	
R4 8:57 - 9:08	
R5 9:08 - 9:19	
R6 9:19 - 9:30	
	AZE
	JPN
	SUI
	BRA / BAN
	NZL
	ARM / PAN
	OPEN

MAG Sub 1 9:35-11:05	
9:35-9:59	24min General Warm up
11min Rotation	
R1 9:59 - 10:10	OPEN
R2 10:10 - 10:21	
R3 10:21 - 10:32	
R4 10:32 - 10:43	
R5 10:43 - 10:54	
R6 10:54 - 11:05	
	BUL
	ESP
	GER
	POR
	FRA
	GRE
	OPEN

MAG Sub 2 11:45-13:15	
11:45-12:09	24min General Warm up
11min Rotation	
R1 12:09 - 12:20	OPEN
R2 12:20 - 12:31	
R3 12:31 - 12:42	
R4 12:42 - 12:53	
R5 12:53 - 13:04	
R6 13:04 - 13:15	
	CHN
	SLO
	HUN
	RGF / KSA
	UKR / LAT
	BEL
	OPEN

MAG Sub 5 14:00-16:30	
14:00-14:24	24min General Warm up
21min Rotation	
R1 14:24 - 14:45	OPEN
R2 14:45 - 15:06	
R3 15:06 - 15:27	
R4 15:27 - 15:48	
R5 15:48 - 16:09	
R6 16:09 - 16:30	
	THA / ROU
	AUS
	EGY
	MEX
	KAZ
	COL
	OPEN

MAG Sub 8 17:30-20:00	
17:30-17:54	24min General Warm up
21min Rotation	
R1 17:54 - 18:15	OPEN
R2 18:15 - 18:36	
R3 18:36 - 18:57	
R4 18:57 - 19:18	
R5 19:18 - 19:39	
R6 19:39 - 20:00	
	ISR/CYP
	NOR/POL
	IRI
	AUT
	SWE
	IND
	OPEN

WUH

MAG Sub 1 15:05-16:45	
15:05-15:27	22min General Warm up
13min Rotation	
R1 15:27 - 15:40	OPEN
R2 15:40 - 15:53	
R3 15:53 - 16:06	
R4 16:06 - 16:19	
R5 16:19 - 16:32	
R6 16:32 - 16:45	
	FRA
	GRE
	BUL
	ESP
	GER
	POR
	OPEN









MAG Sub 2 17:15-18:55	
17:15-17:37	22min General Warm up
13min Rotation	
R1 17:37 - 17:50	OPEN
R2 17:50 - 18:03	
R3 18:03 - 18:16	
R4 18:16 - 18:29	
R5 18:29 - 18:42	
R6 18:42 - 18:55	
	UKR/LAT
	BEL
	CHN
	SLO
	HUN
	RGF/KSA
	OPEN

**WUH**

## Training Hall 1 Ano Dome

## Training Hall 2 Ano Dome

### Training Hall 3 Aso Sports Centre

MAG Sub 1		9:00-10:30							
9:00-9:24		24min General Warm up							
11min Rotation									
R1	9:24 - 9:35	OPEN					ESP	OPEN	
R2	9:35 - 9:46						GER		
R3	9:46 - 9:57						POR		
R4	9:57 - 10:08						FRA		
R5	10:08 - 10:19						GRE		
R6	10:19 - 10:30						BUL		







MAG Sub 2		10:00-11:30											
10:00-10:24		24min General Warm up											
11min Rotation													
R1	10:24 - 10:35											OPEN	
R2	10:35 - 10:46												
R3	10:46 - 10:57												
R4	10:57 - 11:08												
R5	11:08 - 11:19												
R6	11:19 - 11:30												

MAG Sub 6		7:45-9:15		24min General Warm up									
7:45-8:09													
11min Rotation													
R1	8:09 - 8:20	OPEN								KOR / ALB		OPEN	
R2	8:20 - 8:31									IRL			
R3	8:31 - 8:42									GBR / SRB			
R4	8:42 - 8:53									CAN			
R5	8:53 - 9:04									VIE / ECU			
R6	9:04 - 9:15									TUR			

MAG Sub 3		7:25-9:05											
7:25-7:47		22min General Warm up											
13min Rotation													
R1	7:47 - 8:00	OPEN								NZL		OPEN	
R2	8:00 - 8:13									ARM / PAN			
R3	8:13 - 8:26									AZE			
R4	8:26 - 8:39									JPN			
R5	8:39 - 8:52									SUI			
R6	8:52 - 9:05									BRA / BAN			






MAG Sub 1		14:30-17:00					
14:30-14:54		24min General Warm up					
21min Rotation							
R1	14:54 - 15:15	<div><div>OPEN</div><div>GER</div><div>POR</div><div>FRA</div><div>GRE</div><div>BUL</div><div>ESP</div></div>					
R2	15:15 - 15:36						
R3	15:36 - 15:57						
R4	15:57 - 16:18						
R5	16:18 - 16:39						
R6	16:39 - 17:00						

MAG Sub 2		15:30-18:00											
15:30-15:54		24min General Warm up											
21min Rotation													
R1	15:54 - 16:15	OPEN								HLN		OPEN	
R2	16:15 - 16:36									RGF / KSA			
R3	16:36 - 16:57									UKR / LAT			
R4	16:57 - 17:18									BEL			
R5	17:18 - 17:39									CHN			
R6	17:39 - 18:00									SLO			

MAG Sub 7		9:55-11:25		
9:55-10:19		24min General Warm up		
11min Rotation		     		
R1	10:19 - 10:30	OPEN	CRD	OPEN
R2	10:30 - 10:41		FIN	
R3	10:41 - 10:52		CZE / PHI	
R4	10:52 - 11:03		DEN	
R5	11:03 - 11:14		ITA	
R6	11:14 - 11:25		UZB	

MAG Sub 4		9:15-10:55		22min General Warm up									
9:15-9:37		<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div>											
13min Rotation													
R1	9:37 - 9:50	OPEN						TPE				OPEN	
R2	9:50 - 10:03							NED/ SYR					
R3	10:03 - 10:16							ISL/PUR					
R4	10:16 - 10:29							LTU					
R5	10:29 - 10:42							BLR					
R6	10:42 - 10:55							USA					

MAG Sub 8		11:45-13:15											
11:45-12:09		24min General Warm up											
11min Rotation		<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div>											
R1	12:09 ~ 12:20	OPEN								ISR/CYP		OPEN	
R2	12:20 ~ 12:31									NOR/POL			
R3	12:31 ~ 12:42									IRI			
R4	12:42 ~ 12:53									AUT			
R5	12:53 ~ 13:04									SWE			
R6	13:04 ~ 13:15									IND			

MAG Sub 5		11:25-13:05							
11:25-11:47		22min General Warm up							
13min Rotation				  		 			
R1	11:47 - 12:00	OPEN				MEX		OPEN	
R2	12:00 - 12:13					KAZ			
R3	12:13 - 12:26					COL			
R4	12:26 - 12:39					THA / ROU			
R5	12:39 - 12:52					AUS			
R6	12:52 - 13:05					EGY			

MAG Sub 3		15:00-16:30											
15:00-15:24		24min General Warm up											
11min Rotation		<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div>											
R1	15:24 ~ 15:35	OPEN						SUI				OPEN	
R2	15:35 ~ 15:46							BRA / BAN					
R3	15:46 ~ 15:57							NZL					
R4	15:57 ~ 16:08							ARM / PAN					
R5	16:08 ~ 16:19							AZE					
R6	16:19 ~ 16:30							JPN					

MAG Sub 6		13:15-14:55											
13:15-13:37		22min General Warm up											
13min Rotation													
R1	13:37 - 13:50	OPEN					GBR / SGB					OPEN	
R2	13:50 - 14:03						CAN						
R3	14:03 - 14:16						VIE / ECU						
R4	14:16 - 14:29						TUR						
R5	14:29 - 14:42						KOR / ALB						
R6	14:42 - 14:55						IRL						

MAG Sub 4		16:50-18:20											
16:50-17:14		24min General Warm up											
11min Rotation		<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div>											
R1	17:14 - 17:25	OPEN								BLR		OPEN	
R2	17:25 - 17:36									USA			
R3	17:36 - 17:47									TPE			
R4	17:47 - 17:58									NED/ SYR			
R5	17:58 - 18:09									ISL/PUR			
R6	18:09 - 18:20									LTU			

MAG Sub 7		15:25-17:05	
15:25-15:47		22min General Warm up	
13min Rotation		<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><d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MAG Sub 5		19:00-20:30					
19:00-19:24		24min General Warm up					
11min Rotation		<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div>					
R1	19:24 - 19:35	OPEN				AUS	OPEN
R2	19:35 - 19:46					EGY	
R3	19:46 - 19:57					MEX	
R4	19:57 - 20:08					KAZ	
R5	20:08 - 20:19					COL	
R6	20:19 - 20:30					THA / ROU	

MAG Sub 8		17:15-18:55					
17:15-17:37		22min General Warm up					
13min Rotation		<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div>					
R1	17:37 - 17:50	OPEN				IRI	OPEN
R2	17:50 - 18:03					AUT	
R3	18:03 - 18:16					SWE	
R4	18:16 - 18:29					IND	
R5	18:29 - 18:42					ISR/CYP	
R6	18:42 - 18:55					NOR/POL	

50TH ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS  
KITAKYUSHU, JAPAN 2021  
MAG TRAINING SCHEDULE

21 Oct Thu Day4 WAG AA Final



Training Hall 1 Ano Dome

Training Hall 2 Ano Dome

Training Hall 3 Aso Sports Centre

WUH

MAG 10:00-12:00 Non Qualifying Gymnasts

10:00-10:30		30min General Warm up						
		■	▲	▲	▲	▲	▲	▲
R1	Open Training Non Qualifying Gymnasts							
R2								
R3								
R4								
R5								
R6								

MAG 16:00-18:00 Non Qualifying Gymnasts

16:00-16:30		30min General Warm up						
		■	▲	▲	▲	▲	▲	▲
R1	Open Training Non Qualifying Gymnasts							
R2								
R3								
R4								
R5								
R6								

MAG 10:00-12:00 Non Qualifying Gymnasts

10:00-10:30		30min General Warm up						
		■	▲	▲	▲	▲	▲	▲
R1	Open Training Non Qualifying Gymnasts							
R2								
R3								
R4								
R5								
R6								

MAG 16:00-18:00 Non Qualifying Gymnasts

16:00-16:30		30min General Warm up						
		■	▲	▲	▲	▲	▲	▲
R1	Open Training Non Qualifying Gymnasts							
R2								
R3								
R4								
R5								
R6								

MAG 9:00-10:30 Apparatus Finals Qualifiers

9:00-9:24		24min General Warm up						
		■	▲	▲	▲	▲	▲	▲
R1	Open Training Gymnasts Qualifying for Apparatus Finals							
R2								
R3								
R4								
R5								
R6								

MAG 11:30-13:00 AA Final Qualifiers

11:30-11:54		24min General Warm up						
		■	▲	▲	▲	▲	▲	▲
R1	Open Training Gymnasts Qualifying for AA Final							
R2								
R3								
R4								
R5								
R6								

MAG 14:30-17:00 Apparatus Finals Qualifiers

14:30-15:00		30min General Warm up						
		■	▲	▲	▲	▲	▲	▲
R1	Open Training Gymnasts Qualifying for Apparatus Finals							
R2								
R3								
R4								
R5								
R6								

MAG 17:10-19:40 AA Final Qualifiers

17:10-17:40		30min General Warm up						
		■	▲	▲	▲	▲	▲	▲
R1	Open Training Gymnasts Qualifying for AA Final							
R2								
R3								
R4								
R5								
R6								

50TH ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS  
KITAKYUSHU, JAPAN 2021  
MAG TRAINING SCHEDULE

22 Oct Fri Day5 MAG AA Final



Training Hall 1 Ano Dome

Training Hall 2 Ano Dome

Training Hall 3 Aso Sports Centre

WUH

MAG 10:00-12:00 Non Qualifying Gymnasts

10:00-10:30		30min General Warm up						
		■	■	■	■	■	■	■
R1	Open Training Non Qualifying Gymnasts							
R2								
R3								
R4								
R5								
R6								

MAG 10:00-12:00 Non Qualifying Gymnasts

10:00-10:30		30min General Warm up						
		■	■	■	■	■	■	■
R1	Open Training Non Qualifying Gymnasts							
R2								
R3								
R4								
R5								
R6								

MAG 9:00-11:00 Apparatus Finals Qualifiers

9:00-9:30		30min General Warm up						
		■	■	■	■	■	■	■
R1	Open Training Gymnasts Qualifying for Apparatus Finals							
R2								
R3								
R4								
R5								
R6								

MAG 10:15-11:55 AA Final Qualifiers

10:15-10:37		22min General Warm up						
		■	■	■	■	■	■	■
R1	10:37 - 10:50	OPEN					Gymn.19-24	OPEN
R2	10:50 - 11:03						Gymn.13-18	
R3	11:03 - 11:16						Gymn.7-12	
R4	11:16 - 11:29						Gymn.1-6	
R5	11:29 - 11:42						OPEN	
R6	11:42 - 11:55							

MAG 16:00-18:00 Non Qualifying Gymnasts

16:00-16:30		30min General Warm up						
		■	■	■	■	■	■	■
R1	Open Training Non Qualifying Gymnasts							
R2								
R3								
R4								
R5								
R6								

MAG 16:00-18:00 Non Qualifying Gymnasts

16:00-16:30		30min General Warm up						
		■	■	■	■	■	■	■
R1	Open Training Non Qualifying Gymnasts							
R2								
R3								
R4								
R5								
R6								

MAG 15:00-17:30 Apparatus Finals Qualifiers

15:00-15:30		30min General Warm up						
		■	■	■	■	■	■	■
R1	Open Training Gymnasts Qualifying for Apparatus Finals							
R2								
R3								
R4								
R5								
R6								

MAG 15:55-17:45 AA Final Qualifiers

15:55-16:15		20min General Warm up						
		■	■	■	■	■	■	■
R1	16:15 - 16:30	Open					Gymn.19-24	Open
R2	16:30 - 16:45						Gymn.13-18	
R3	16:45 - 17:00						Gymn.7-12	
R4	17:00 - 17:15						Gymn.1-6	
R5	17:15 - 17:30						OPEN	
R6	17:30 - 17:45							

50TH ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS  
KITAKYUSHU, JAPAN 2021  
MAG TRAINING SCHEDULE

23 Oct Sat Day6 MAG / WAG Apparatus Final



Training Hall 1 Ano Dome

Training Hall 2 Ano Dome

Training Hall 3 Aso Sports Centre

WUH

MAG 9:00-11:00 Non Qualifying Gymnasts

9:00-9:30		30min General Warm up						
		■	▲	⌵	⌴	⌶	⌷	⌸
R1	Open Training Non Qualifying Gymnasts							
R2								
R3								
R4								
R5								
R6								

MAG 9:00-11:00 Non Qualifying Gymnasts

9:00-9:30		30min General Warm up						
		■	▲	⌵	⌴	⌶	⌷	⌸
R1	Open Training Non Qualifying Gymnasts							
R2								
R3								
R4								
R5								
R6								

MAG 8:30-10:00 Apparatus Finals VT,PB,HB Qualifiers

8:30-9:00		30min General Warm up		
		⌴	⌶	⌸
R1	Open Training Gymnasts Qualifying for Apparatus Finals			
R2				
R3				
R4				
R5				
R6				

MAG 9:00-10:30 Apparatus Finals FX,PH,SR Qualifiers

9:00-10:30		Open		
		■	▲	⌵
R1	Open Training Gymnasts Qualifying for Apparatus Finals			
R2				
R3				
R4				
R5				
R6				

MAG 15:00-17:00 Non Qualifying Gymnasts

15:00-15:30		30min General Warm up						
		■	▲	⌵	⌴	⌶	⌷	⌸
R1	Open Training Non Qualifying Gymnasts							
R2								
R3								
R4								
R5								
R6								

MAG 15:00-17:00 Non Qualifying Gymnasts

15:00-15:30		30min General Warm up						
		■	▲	⌵	⌴	⌶	⌷	⌸
R1	Open Training Non Qualifying Gymnasts							
R2								
R3								
R4								
R5								
R6								

MAG 14:00-16:30 Apparatus Finals VT,PB,HB Qualifiers

14:00-14:30		30min General Warm up		
		⌴	⌶	⌸
R1	Open Training Gymnasts Qualifying for Apparatus Finals			
R2				
R3				
R4				
R5				
R6				

MAG 14:40-19:35 Apparatus Finals FX,PH,SR Qualifiers

		■	▲	⌵
R1	Open Training Gymnasts Qualifying for Apparatus Finals			
R2				
R3				
R4				
R5				
R6				

50TH ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS  
KITAKYUSHU, JAPAN 2021  
MAG TRAINING SCHEDULE

24 Oct Sun Day7 MAG / WAG Apparatus Final



Training Hall 1 Ano Dome

Training Hall 2 Ano Dome

Training Hall 3 Aso Sports Centre

WUH

MAG 9:00-11:00 Non Qualifying Gymnasts

9:00-9:30		30min General Warm up						
R1	Open Training Non Qualifying Gymnasts							
R2								
R3								
R4								
R5								
R6								

MAG 9:00-11:00 Non Qualifying Gymnasts

9:00-9:30		30min General Warm up						
R1	Open Training Non Qualifying Gymnasts							
R2								
R3								
R4								
R5								
R6								

MAG 8:30-10:00 Apparatus Finals VT,PB,HB Qualifiers

8:30-10:00		Open		
R1	Open Training Gymnasts Qualifying for Apparatus Finals			
R2				
R3				
R4				
R5				
R6				

MAG 14:55-19:45 Apparatus Finals VT,PB,HB Qualifiers

R1	Open Training Gymnasts Qualifying for Apparatus Finals			
R2				
R3				
R4				
R5				
R6				

# 50TH FIG ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS KITAKYUSHU, JAPAN 2021 WAG TRAINING SCHEDULE

14 Oct Thu Training Day



## Training Hall 1 Ano Dome

### WAG Sub 10 8:00-10:00

8:00-8:20	20min General Warm up			
25min Rotation				
R1 8:20 - 8:45	RGF	SVK	KOR	BEL
R2 8:45 - 9:10	BEL	RGF	SVK	KOR
R3 9:10 - 9:35	KOR	BEL	RGF	SVK
R4 9:35 - 10:00	SVK	KOR	BEL	RGF

### WAG Sub 2 10:00-11:30

10:00-10:18	18 min General Warm up			
18min Rotation				
R1 10:18 - 10:36	NED	ITA	GBR	HUN
R2 10:36 - 10:54	HUN	NED	ITA	GBR
R3 10:54 - 11:12	GBR	HUN	NED	ITA
R4 11:12 - 11:30	ITA	GBR	HUN	NED

### WAG Sub 3 11:45-13:45

11:45-12:05	20min General Warm up			
25min Rotation				
R1 12:05 - 12:30	CAN/AUS	USA	CRO	NOR
R2 12:30 - 12:55	NOR	CAN/AUS	USA	CRO
R3 12:55 - 13:20	CRO	NOR	CAN/AUS	USA
R4 13:20 - 13:45	USA	CRO	NOR	CAN/AUS

### WAG Sub 4 14:00-16:00

14:00-14:20	20min General Warm up			
25min Rotation				
R1 14:20 - 14:45	POR	SUI	ISL	COL/LTU
R2 14:45 - 15:10	COL/LTU	POR	SUI	ISL
R3 15:10 - 15:35	ISL	COL/LTU	POR	SUI
R4 15:35 - 16:00	SUI	ISL	COL/LTU	POR

### WAG Sub 8 16:00-17:30

16:00-16:18	18 min General Warm up			
18min Rotation				
R1 16:18 - 16:36	CZE/LAT	AZE	HKG/VIE	SLO/BLR
R2 16:36 - 16:54	SLO/BLR	CZE/LAT	AZE	HKG/VIE
R3 16:54 - 17:12	HKG/VIE	SLO/BLR	CZE/LAT	AZE
R4 17:12 - 17:30	AZE	HKG/VIE	SLO/BLR	CZE/LAT

### WAG Sub 5 17:30-19:00

17:30-17:48	18 min General Warm up			
18min Rotation				
R1 17:48 - 18:06	DEN	JPN/LUX	TPE	UKR/CUB
R2 18:06 - 18:24	UKR/CUB	DEN	JPN/LUX	TPE
R3 18:24 - 18:42	TPE	UKR/CUB	DEN	JPN/LUX
R4 18:42 - 19:00	JPN/LUX	TPE	UKR/CUB	DEN

### WAG Sub 6 19:15-20:45

19:15-19:33	18min General Warm up			
18min Rotation				
R1 19:33 - 19:51	FIN	AUT	GER/ECU	EGY/NZL
R2 19:51 - 20:09	EGY/NZL	FIN	AUT	GER/ECU
R3 20:09 - 20:27	GER/ECU	EGY/NZL	FIN	AUT
R4 20:27 - 20:45	AUT	GER/ECU	EGY/NZL	FIN

## Training Hall 2 Ano Dome

### WAG Sub 9 8:00-10:00

8:00-8:20	20min General Warm up			
25min Rotation				
R1 8:20 - 8:45	BRA	PAN	IRL	MEX
R2 8:45 - 9:10	MEX	BRA	PAN	IRL
R3 9:10 - 9:35	IRL	MEX	BRA	PAN
R4 9:35 - 10:00	PAN	IRL	MEX	BRA

### WAG Sub 1 10:00-11:30

10:00-10:18	18 min General Warm up			
18min Rotation				
R1 10:18 - 10:36	UZB	CHN	TUR	ISR
R2 10:36 - 10:54	ISR	UZB	CHN	TUR
R3 10:54 - 11:12	TUR	ISR	UZB	CHN
R4 11:12 - 11:30	CHN	TUR	ISR	UZB

### WAG Sub 5 11:30-13:30

11:30-11:50	20min General Warm up			
25min Rotation				
R1 11:50 - 12:15	DEN	JPN/LUX	TPE	UKR/CUB
R2 12:15 - 12:40	UKR/CUB	DEN	JPN/LUX	TPE
R3 12:40 - 13:05	TPE	UKR/CUB	DEN	JPN/LUX
R4 13:05 - 13:30	JPN/LUX	TPE	UKR/CUB	DEN

### WAG Sub 10 14:00-15:30

14:00-14:18	18 min General Warm up			
18min Rotation				
R1 14:18 - 14:36	RGF	SVK	KOR	BEL
R2 14:36 - 14:54	BEL	RGF	SVK	KOR
R3 14:54 - 15:12	KOR	BEL	RGF	SVK
R4 15:12 - 15:30	SVK	KOR	BEL	RGF

### WAG Sub 2 15:30-17:30

15:30-15:50	20min General Warm up			
25min Rotation				
R1 15:50 - 16:15	NED	ITA	GBR	HUN
R2 16:15 - 16:40	HUN	NED	ITA	GBR
R3 16:40 - 17:05	GBR	HUN	NED	ITA
R4 17:05 - 17:30	ITA	GBR	HUN	NED

### WAG Sub 7 18:00-20:00

18:00-18:20	20min General Warm up			
25min Rotation				
R1 18:20 - 18:45	FRA/PUR	IND	SWE	ROU
R2 18:45 - 19:10	ROU	FRA/PUR	IND	SWE
R3 19:10 - 19:35	SWE	ROU	FRA/PUR	IND
R4 19:35 - 20:00	IND	SWE	ROU	FRA/PUR

## Training Hall 3 Aso Sports Centre

### WAG Sub 4 8:00-9:30

8:00-8:18	18 min General Warm up			
18min Rotation				
R1 8:18 - 8:36	POR	SUI	ISL	COL/LTU
R2 8:36 - 8:54	COL/LTU	POR	SUI	ISL
R3 8:54 - 9:12	ISL	COL/LTU	POR	SUI
R4 9:12 - 9:30	SUI	ISL	COL/LTU	POR

### WAG Sub 8 9:30-11:30

9:30-9:50	20min General Warm up			
25min Rotation				
R1 9:50 - 10:15	CZE/LAT	AZE	HKG/VIE	SLO/BLR
R2 10:15 - 10:40	SLO/BLR	CZE/LAT	AZE	HKG/VIE
R3 10:40 - 11:05	HKG/VIE	SLO/BLR	CZE/LAT	AZE
R4 11:05 - 11:30	AZE	HKG/VIE	SLO/BLR	CZE/LAT

### WAG Sub 7 11:45-13:15

11:45-12:03	18 min General Warm up			
18min Rotation				
R1 12:03 - 12:21	FRA/PUR	IND	SWE	ROU
R2 12:21 - 12:39	ROU	FRA/PUR	IND	SWE
R3 12:39 - 12:57	SWE	ROU	FRA/PUR	IND
R4 12:57 - 13:15	IND	SWE	ROU	FRA/PUR

### WAG Sub 6 13:15-15:15

13:15-13:35	20min General Warm up			
25min Rotation				
R1 13:35 - 14:00	FIN	AUT	GER/ECU	EGY/NZL
R2 14:00 - 14:25	EGY/NZL	FIN	AUT	GER/ECU
R3 14:25 - 14:50	GER/ECU	EGY/NZL	FIN	AUT
R4 14:50 - 15:15	AUT	GER/ECU	EGY/NZL	FIN

### WAG Sub 9 15:30-17:00

15:30-15:48	18 min General Warm up			
18min Rotation				
R1 15:48 - 16:06	BRA	PAN	IRL	MEX
R2 16:06 - 16:24	MEX	BRA	PAN	IRL
R3 16:24 - 16:42	IRL	MEX	BRA	PAN
R4 16:42 - 17:00	PAN	IRL	MEX	BRA

### WAG Sub 1 17:00-19:00

17:00-17:20	20min General Warm up			
25min Rotation				
R1 17:20 - 17:45	UZB	CHN	TUR	ISR
R2 17:45 - 18:10	ISR	UZB	CHN	TUR
R3 18:10 - 18:35	TUR	ISR	UZB	CHN
R4 18:35 - 19:00	CHN	TUR	ISR	UZB

### WAG Sub 3 19:00-20:30

19:00-19:18	18min General Warm up			
18min Rotation				
R1 19:18 - 19:36	CAN/AUS	USA	CRO	NOR
R2 19:36 - 19:54	NOR	CAN/AUS	USA	CRO
R3 19:54 - 20:12	CRO	NOR	CAN/AUS	USA
R4 20:12 - 20:30	USA	CRO	NOR	CAN/AUS

## WUH



# 50TH FIG ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS KITAKYUSHU, JAPAN 2021 WAG TRAINING SCHEDULE

15 Oct Fri Podium Training Day1



## Training Hall 1 Ano Dome

### WAG Sub 9 10:00-12:00

10:00-10:20	20min General Warm up			
25min Rotation				
R1 10:20 - 10:45	BRA	PAN	IRL	MEX
R2 10:45 - 11:10	MEX	BRA	PAN	IRL
R3 11:10 - 11:35	IRL	MEX	BRA	PAN
R4 11:35 - 12:00	PAN	IRL	MEX	BRA

### WAG Sub 8 14:15-15:45

14:15-14:33	18min General Warm up			
18min Rotation				
R1 14:33 - 14:51	CZE/LAT	AZE	HKG/VIE	SLO/BLR
R2 14:51 - 15:09	SLO/BLR	CZE/LAT	AZE	HKG/VIE
R3 15:09 - 15:27	HKG/VIE	SLO/BLR	CZE/LAT	AZE
R4 15:27 - 15:45	AZE	HKG/VIE	SLO/BLR	CZE/LAT

### WAG Sub 10 17:45-19:15

17:45-18:03	18min General Warm up			
18min Rotation				
R1 18:03 - 18:21	RGF	SVK	KOR	BEL
R2 18:21 - 18:39	BEL	RGF	SVK	KOR
R3 18:39 - 18:57	KOR	BEL	RGF	SVK
R4 18:57 - 19:15	SVK	KOR	BEL	RGF

## Training Hall 2 Ano Dome

### WAG Sub 8 8:15-10:15

8:15-8:35	20min General Warm up			
25min Rotation				
R1 8:35 - 9:00	CZE/LAT	AZE	HKG/VIE	SLO/BLR
R2 9:00 - 9:25	SLO/BLR	CZE/LAT	AZE	HKG/VIE
R3 9:25 - 9:50	HKG/VIE	SLO/BLR	CZE/LAT	AZE
R4 9:50 - 10:15	AZE	HKG/VIE	SLO/BLR	CZE/LAT

### WAG Sub 10 11:45-13:45

11:45-12:05	20min General Warm up			
25min Rotation				
R1 12:05 - 12:30	RGF	SVK	KOR	BEL
R2 12:30 - 12:55	BEL	RGF	SVK	KOR
R3 12:55 - 13:20	KOR	BEL	RGF	SVK
R4 13:20 - 13:45	SVK	KOR	BEL	RGF

### WAG Sub 9 16:00-17:30

16:00-16:18	18min General Warm up			
18min Rotation				
R1 16:18 - 16:36	BRA	PAN	IRL	MEX
R2 16:36 - 16:54	MEX	BRA	PAN	IRL
R3 16:54 - 17:12	IRL	MEX	BRA	PAN
R4 17:12 - 17:30	PAN	IRL	MEX	BRA

## Training Hall 3 Aso Sports Centre

### WAG Sub 4 7:30-9:00

7:30-7:48	18min General Warm up			
18min Rotation				
R1 7:48 - 8:06	POR	SUI	ISL	COL/LTU
R2 8:06 - 8:24	COL/LTU	POR	SUI	ISL
R3 8:24 - 8:42	ISL	COL/LTU	POR	SUI
R4 8:42 - 9:00	SUI	ISL	COL/LTU	POR

### WAG Sub 5 9:00-10:30

9:00-9:18	18min General Warm up			
18min Rotation				
R1 9:18 - 9:36	DEN	JPN/LUX	TPE	UKR/CUB
R2 9:36 - 9:54	UKR/CUB	DEN	JPN/LUX	TPE
R3 9:54 - 10:12	TPE	UKR/CUB	DEN	JPN/LUX
R4 10:12 - 10:30	JPN/LUX	TPE	UKR/CUB	DEN

### WAG Sub 6 10:40-12:10

10:40-10:58	18min General Warm up			
18min Rotation				
R1 10:58 - 11:16	FIN	AUT	GER/ECU	EGY/NZL
R2 11:16 - 11:34	EGY/NZL	FIN	AUT	GER/ECU
R3 11:34 - 11:52	GER/ECU	EGY/NZL	FIN	AUT
R4 11:52 - 12:10	AUT	GER/ECU	EGY/NZL	FIN

### WAG Sub 7 12:15-13:45

12:15-12:33	18min General Warm up			
18min Rotation				
R1 12:33 - 12:51	FRA/PUR	IND	SWE	ROU
R2 12:51 - 13:09	ROU	FRA/PUR	IND	SWE
R3 13:09 - 13:27	SWE	ROU	FRA/PUR	IND
R4 13:27 - 13:45	IND	SWE	ROU	FRA/PUR

### WAG Sub 1 15:00-16:30

15:00-15:18	18min General Warm up			
18min Rotation				
R1 15:18 - 15:36	UZB	CHN	TUR	ISR
R2 15:36 - 15:54	ISR	UZB	CHN	TUR
R3 15:54 - 16:12	TUR	ISR	UZB	CHN
R4 16:12 - 16:30	CHN	TUR	ISR	UZB

### WAG Sub 2 16:40-18:10

16:40-16:58	18min General Warm up			
18min Rotation				
R1 16:58 - 17:16	NED	ITA	GBR	HUN
R2 17:16 - 17:34	HUN	NED	ITA	GBR
R3 17:34 - 17:52	GBR	HUN	NED	ITA
R4 17:52 - 18:10	ITA	GBR	HUN	NED

### WAG Sub 3 18:20-19:50

18:20-18:38	18min General Warm up			
18min Rotation				
R1 18:38 - 18:56	CAN/AUS	USA	CRO	NOR
R2 18:56 - 19:14	NOR	CAN/AUS	USA	CRO
R3 19:14 - 19:32	CRO	NOR	CAN/AUS	USA
R4 19:32 - 19:50	USA	CRO	NOR	CAN/AUS

## WUH

### WAG Sub 1 8:15-9:30

8:15-8:38	23min General Warm up			
13min Rotation				
R1 8:38 - 8:51	ISR	UZB	CHN	TUR
R2 8:51 - 9:04	TUR	ISR	UZB	CHN
R3 9:04 - 9:17	CHN	TUR	ISR	UZB
R4 9:17 - 9:30	UZB	CHN	TUR	ISR

### WAG Sub 2 9:45-11:00

9:45-10:08	23min General Warm up			
13min Rotation				
R1 10:08 - 10:21	HUN	NED	ITA	GBR
R2 10:21 - 10:34	GBR	HUN	NED	ITA
R3 10:34 - 10:47	ITA	GBR	HUN	NED
R4 10:47 - 11:00	NED	ITA	GBR	HUN

### WAG Sub 3 11:30-12:45

11:30-11:53	23min General Warm up			
13min Rotation				
R1 11:53 - 12:06	NOR	CAN/AUS	USA	CRO
R2 12:06 - 12:19	CRO	NOR	CAN/AUS	USA
R3 12:19 - 12:32	USA	CRO	NOR	CAN/AUS
R4 12:32 - 12:45	CAN/AUS	USA	CRO	NOR

### WAG Sub 4 13:00-14:15

13:00-13:23	23min General Warm up			
13min Rotation				
R1 13:23 - 13:36	COL/LTU	POR	SUI	ISL
R2 13:36 - 13:49	ISL	COL/LTU	POR	SUI
R3 13:49 - 14:02	SUI	ISL	COL/LTU	POR
R4 14:02 - 14:15	POR	SUI	ISL	COL/LTU

### WAG Sub 5 14:30-15:45

14:30-14:53	23min General Warm up			
13min Rotation				
R1 14:53 - 15:06	UKR/CUB	DEN	JPN/LUX	TPE
R2 15:06 - 15:19	TPE	UKR/CUB	DEN	JPN/LUX
R3 15:19 - 15:32	JPN/LUX	TPE	UKR/CUB	DEN
R4 15:32 - 15:45	DEN	JPN/LUX	TPE	UKR/CUB

### WAG Sub 6 16:15-17:30

16:15-16:38	23min General Warm up			
13min Rotation				
R1 16:38 - 16:51	EGY/NZL	FIN	AUT	GER/ECU
R2 16:51 - 17:04	GER/ECU	EGY/NZL	FIN	AUT
R3 17:04 - 17:17	AUT	GER/ECU	EGY/NZL	FIN
R4 17:17 - 17:30	FIN	AUT	GER/ECU	EGY/NZL

### WAG Sub 7 17:45-19:00

17:45-18:08	23min General Warm up			
13min Rotation				
R1 18:08 - 18:21	ROU	FRA/PUR	IND	SWE
R2 18:21 - 18:34	SWE	ROU	FRA/PUR	IND
R3 18:34 - 18:47	IND	SWE	ROU	FRA/PUR
R4 18:47 - 19:00	FRA/PUR	IND	SWE	ROU

# 50TH FIG ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS KITAKYUSHU, JAPAN 2021 WAG TRAINING SCHEDULE

**16 Oct Sat Podium Training Day2**



## Training Hall 1 Ano Dome

### WAG Sub 1 8:30-10:30

8:30-8:50	20min General Warm up			
25min Rotation				
R1 8:50 - 9:15	UZB	CHN	TUR	ISR
R2 9:15 - 9:40	ISR	UZB	CHN	TUR
R3 9:40 - 10:05	TUR	ISR	UZB	CHN
R4 10:05 - 10:30	CHN	TUR	ISR	UZB

### WAG Sub 3 12:00-14:00

12:00-12:20	20min General Warm up			
25min Rotation				
R1 12:20 - 12:45	CAN/AUS	USA	CRO	NOR
R2 12:45 - 13:10	NOR	CAN/AUS	USA	CRO
R3 13:10 - 13:35	CRO	NOR	CAN/AUS	USA
R4 13:35 - 14:00	USA	CRO	NOR	CAN/AUS

### WAG Sub 5 14:45-16:45

14:45-15:05	20min General Warm up			
25min Rotation				
R1 15:05 - 15:30	DEN	JPN/LUX	TPE	UKR/CUB
R2 15:30 - 15:55	UKR/CUB	DEN	JPN/LUX	TPE
R3 15:55 - 16:20	TPE	UKR/CUB	DEN	JPN/LUX
R4 16:20 - 16:45	JPN/LUX	TPE	UKR/CUB	DEN

### WAG Sub 9 16:45-18:15

16:45-17:03	18min General Warm up			
18min Rotation				
R1 17:03 - 17:21	BRA	PAN	IRL	MEX
R2 17:21 - 17:39	MEX	BRA	PAN	IRL
R3 17:39 - 17:57	IRL	MEX	BRA	PAN
R4 17:57 - 18:15	PAN	IRL	MEX	BRA

### WAG Sub 7 18:15-20:15

18:15-18:35	20min General Warm up			
25min Rotation				
R1 18:35 - 19:00	FRA/PUR	IND	SWE	ROU
R2 19:00 - 19:25	ROU	FRA/PUR	IND	SWE
R3 19:25 - 19:50	SWE	ROU	FRA/PUR	IND
R4 19:50 - 20:15	IND	SWE	ROU	FRA/PUR

## Training Hall 2 Ano Dome

### WAG Sub 2 10:15-12:15

10:15-10:35	20min General Warm up			
25min Rotation				
R1 10:35 - 11:00	NED	ITA	GBR	HUN
R2 11:00 - 11:25	HUN	NED	ITA	GBR
R3 11:25 - 11:50	GBR	HUN	NED	ITA
R4 11:50 - 12:15	ITA	GBR	HUN	NED

### WAG Sub 4 13:00-15:00

13:00-13:20	20min General Warm up			
25min Rotation				
R1 13:20 - 13:45	POR	SUI	ISL	COL/LTU
R2 13:45 - 14:10	COL/LTU	POR	SUI	ISL
R3 14:10 - 14:35	ISL	COL/LTU	POR	SUI
R4 14:35 - 15:00	SUI	ISL	COL/LTU	POR

### WAG Sub 8 15:00-16:30

15:00-15:18	18min General Warm up			
18min Rotation				
R1 15:18 - 15:36	CZE/LAT	AZE	HKG/VIE	SLO/BLR
R2 15:36 - 15:54	SLO/BLR	CZE/LAT	AZE	HKG/VIE
R3 15:54 - 16:12	HKG/VIE	SLO/BLR	CZE/LAT	AZE
R4 16:12 - 16:30	AZE	HKG/VIE	SLO/BLR	CZE/LAT

### WAG Sub 6 16:30-18:30

16:30-16:50	20min General Warm up			
25min Rotation				
R1 16:50 - 17:15	FIN	AUT	GER/ECU	EGY/NZL
R2 17:15 - 17:40	EGY/NZL	FIN	AUT	GER/ECU
R3 17:40 - 18:05	GER/ECU	EGY/NZL	FIN	AUT
R4 18:05 - 18:30	AUT	GER/ECU	EGY/NZL	FIN

### WAG Sub 10 18:30-20:00

18:30-18:48	18min General Warm up			
18min Rotation				
R1 18:48 - 19:06	RGF	SVK	KOR	BEL
R2 19:06 - 19:24	BEL	RGF	SVK	KOR
R3 19:24 - 19:42	KOR	BEL	RGF	SVK
R4 19:42 - 20:00	SVK	KOR	BEL	RGF

## Training Hall 3 Aso Sports Centre

### WAG Sub 4 7:30-9:00

7:30-7:48	18min General Warm up			
18min Rotation				
R1 7:48 - 8:06	POR	SUI	ISL	COL/LTU
R2 8:06 - 8:24	COL/LTU	POR	SUI	ISL
R3 8:24 - 8:42	ISL	COL/LTU	POR	SUI
R4 8:42 - 9:00	SUI	ISL	COL/LTU	POR

### WAG Sub 5 9:15-10:45

9:15-9:33	18min General Warm up			
18min Rotation				
R1 9:33 - 9:51	DEN	JPN/LUX	TPE	UKR/CUB
R2 9:51 - 10:09	UKR/CUB	DEN	JPN/LUX	TPE
R3 10:09 - 10:27	TPE	UKR/CUB	DEN	JPN/LUX
R4 10:27 - 10:45	JPN/LUX	TPE	UKR/CUB	DEN

### WAG Sub 6 11:00-12:30

11:00-11:18	18min General Warm up			
18min Rotation				
R1 11:18 - 11:36	FIN	AUT	GER/ECU	EGY/NZL
R2 11:36 - 11:54	EGY/NZL	FIN	AUT	GER/ECU
R3 11:54 - 12:12	GER/ECU	EGY/NZL	FIN	AUT
R4 12:12 - 12:30	AUT	GER/ECU	EGY/NZL	FIN

### WAG Sub 7 12:45-14:15

12:45-13:03	18min General Warm up			
18min Rotation				
R1 13:03 - 13:21	FRA/PUR	IND	SWE	ROU
R2 13:21 - 13:39	ROU	FRA/PUR	IND	SWE
R3 13:39 - 13:57	SWE	ROU	FRA/PUR	IND
R4 13:57 - 14:15	IND	SWE	ROU	FRA/PUR

### WAG Sub 1 14:30-16:00

14:30-14:48	18min General Warm up			
18min Rotation				
R1 14:48 - 15:06	UZB	CHN	TUR	ISR
R2 15:06 - 15:24	ISR	UZB	CHN	TUR
R3 15:24 - 15:42	TUR	ISR	UZB	CHN
R4 15:42 - 16:00	CHN	TUR	ISR	UZB

### WAG Sub 2 16:15-17:45

16:15-16:33	18min General Warm up			
18min Rotation				
R1 16:33 - 16:51	NED	ITA	GBR	HUN
R2 16:51 - 17:09	HUN	NED	ITA	GBR
R3 17:09 - 17:27	GBR	HUN	NED	ITA
R4 17:27 - 17:45	ITA	GBR	HUN	NED

### WAG Sub 3 18:00-19:30

18:00-18:18	18min General Warm up			
18min Rotation				
R1 18:18 - 18:36	CAN/AUS	USA	CRO	NOR
R2 18:36 - 18:54	NOR	CAN/AUS	USA	CRO
R3 18:54 - 19:12	CRO	NOR	CAN/AUS	USA
R4 19:12 - 19:30	USA	CRO	NOR	CAN/AUS

## WUH

### WAG Sub 8 8:15-9:30

8:15-8:38	23min General Warm up			
13min Rotation				
R1 8:38 - 8:51	SLO/BLR	CZE/LAT	AZE	HKG/VIE
R2 8:51 - 9:04	HKG/VIE	SLO/BLR	CZE/LAT	AZE
R3 9:04 - 9:17	AZE	HKG/VIE	SLO/BLR	CZE/LAT
R4 9:17 - 9:30	CZE/LAT	AZE	HKG/VIE	SLO/BLR

### WAG Sub 9 9:45-11:00

9:45-10:08	23min General Warm up			
13min Rotation				
R1 10:08 - 10:21	MEX	BRA	PAN	IRL
R2 10:21 - 10:34	IRL	MEX	BRA	PAN
R3 10:34 - 10:47	PAN	IRL	MEX	BRA
R4 10:47 - 11:00	BRA	PAN	IRL	MEX

### WAG Sub 10 11:30-12:45

11:30-11:53	23min General Warm up			
13min Rotation				
R1 11:53 - 12:06	BEL	RGF	SVK	KOR
R2 12:06 - 12:19	KOR	BEL	RGF	SVK
R3 12:19 - 12:32	SVK	KOR	BEL	RGF
R4 12:32 - 12:45	RGF	SVK	KOR	BEL

# 50TH FIG ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS KITAKYUSHU, JAPAN 2021 WAG TRAINING SCHEDULE

**17 Oct Sun Podium Training Day3**



## Training Hall 1 Ano Dome

### WAG Sub 1 8:00-10:00

8:00-8:20	20min General Warm up			
25min Rotation				
R1 8:20 - 8:45	UZB	CHN	TUR	ISR
R2 8:45 - 9:10	ISR	UZB	CHN	TUR
R3 9:10 - 9:35	TUR	ISR	UZB	CHN
R4 9:35 - 10:00	CHN	TUR	ISR	UZB

### WAG Sub 6 10:00-11:30

10:00-10:18	18min General Warm up			
18min Rotation				
R1 10:18 - 10:36	FIN	AUT	GER/ECU	EGY/NZL
R2 10:36 - 10:54	EGY/NZL	FIN	AUT	GER/ECU
R3 10:54 - 11:12	GER/ECU	EGY/NZL	FIN	AUT
R4 11:12 - 11:30	AUT	GER/ECU	EGY/NZL	FIN

### WAG Sub 4 11:45-13:45

11:45-12:05	20min General Warm up			
25min Rotation				
R1 12:05 - 12:30	POR	SUI	ISL	COL/LTU
R2 12:30 - 12:55	COL/LTU	POR	SUI	ISL
R3 12:55 - 13:20	ISL	COL/LTU	POR	SUI
R4 13:20 - 13:45	SUI	ISL	COL/LTU	POR

### WAG Sub 5 14:00-16:00

14:00-14:20	20min General Warm up			
25min Rotation				
R1 14:20 - 14:45	DEN	JPN/LUX	TPE	UKR/CUB
R2 14:45 - 15:10	UKR/CUB	DEN	JPN/LUX	TPE
R3 15:10 - 15:35	TPE	UKR/CUB	DEN	JPN/LUX
R4 15:35 - 16:00	JPN/LUX	TPE	UKR/CUB	DEN

### WAG Sub 2 16:00-17:30

16:00-16:18	18min General Warm up			
18min Rotation				
R1 16:18 - 16:36	NED	ITA	GBR	HUN
R2 16:36 - 16:54	HUN	NED	ITA	GBR
R3 16:54 - 17:12	GBR	HUN	NED	ITA
R4 17:12 - 17:30	ITA	GBR	HUN	NED

### WAG Sub 3 17:30-19:00

17:30-17:48	18min General Warm up			
18min Rotation				
R1 17:48 - 18:06	CAN/AUS	USA	CRO	NOR
R2 18:06 - 18:24	NOR	CAN/AUS	USA	CRO
R3 18:24 - 18:42	CRO	NOR	CAN/AUS	USA
R4 18:42 - 19:00	USA	CRO	NOR	CAN/AUS

### WAG Sub 8 19:15-20:45

19:15-19:33	18min General Warm up			
18min Rotation				
R1 19:33 - 19:51	CZE/LAT	AZE	HKG/VIE	SLO/BLR
R2 19:51 - 20:09	SLO/BLR	CZE/LAT	AZE	HKG/VIE
R3 20:09 - 20:27	HKG/VIE	SLO/BLR	CZE/LAT	AZE
R4 20:27 - 20:45	AZE	HKG/VIE	SLO/BLR	CZE/LAT

## Training Hall 2 Ano Dome

### WAG Sub 9 8:00-10:00

8:00-8:20	20min General Warm up			
25min Rotation				
R1 8:20 - 8:45	BRA	PAN	IRL	MEX
R2 8:45 - 9:10	MEX	BRA	PAN	IRL
R3 9:10 - 9:35	IRL	MEX	BRA	PAN
R4 9:35 - 10:00	PAN	IRL	MEX	BRA

### WAG Sub 10 10:00-11:30

10:00-10:18	18min General Warm up			
18min Rotation				
R1 10:18 - 10:36	RGF	SVK	KOR	BEL
R2 10:36 - 10:54	BEL	RGF	SVK	KOR
R3 10:54 - 11:12	KOR	BEL	RGF	SVK
R4 11:12 - 11:30	SVK	KOR	BEL	RGF

### WAG Sub 3 11:30-13:30

11:30-11:50	20min General Warm up			
25min Rotation				
R1 11:50 - 12:15	CAN/AUS	USA	CRO	NOR
R2 12:15 - 12:40	NOR	CAN/AUS	USA	CRO
R3 12:40 - 13:05	CRO	NOR	CAN/AUS	USA
R4 13:05 - 13:30	USA	CRO	NOR	CAN/AUS

### WAG Sub 1 14:00-15:30

14:00-14:18	18min General Warm up			
18min Rotation				
R1 14:18 - 14:36	UZB	CHN	TUR	ISR
R2 14:36 - 14:54	ISR	UZB	CHN	TUR
R3 14:54 - 15:12	TUR	ISR	UZB	CHN
R4 15:12 - 15:30	CHN	TUR	ISR	UZB

### WAG Sub 6 15:30-17:30

15:30-15:50	20min General Warm up			
25min Rotation				
R1 15:50 - 16:15	FIN	AUT	GER/ECU	EGY/NZL
R2 16:15 - 16:40	EGY/NZL	FIN	AUT	GER/ECU
R3 16:40 - 17:05	GER/ECU	EGY/NZL	FIN	AUT
R4 17:05 - 17:30	AUT	GER/ECU	EGY/NZL	FIN

### WAG Sub 7 18:00-20:00

18:00-18:20	20min General Warm up			
25min Rotation				
R1 18:20 - 18:45	FRA/PUR	IND	SWE	ROU
R2 18:45 - 19:10	ROU	FRA/PUR	IND	SWE
R3 19:10 - 19:35	SWE	ROU	FRA/PUR	IND
R4 19:35 - 20:00	IND	SWE	ROU	FRA/PUR

## Training Hall 3 Aso Sports Centre

### WAG Sub 5 8:00-9:30

8:00-8:18	18min General Warm up			
18min Rotation				
R1 8:18 - 8:36	DEN	JPN/LUX	TPE	UKR/CUB
R2 8:36 - 8:54	UKR/CUB	DEN	JPN/LUX	TPE
R3 8:54 - 9:12	TPE	UKR/CUB	DEN	JPN/LUX
R4 9:12 - 9:30	JPN/LUX	TPE	UKR/CUB	DEN

### WAG Sub 2 9:30-11:30

9:30-9:50	20min General Warm up			
25min Rotation				
R1 9:50 - 10:15	NED	ITA	GBR	HUN
R2 10:15 - 10:40	HUN	NED	ITA	GBR
R3 10:40 - 11:05	GBR	HUN	NED	ITA
R4 11:05 - 11:30	ITA	GBR	HUN	NED

### WAG Sub 7 11:45-13:15

11:45-12:03	18min General Warm up			
18min Rotation				
R1 12:03 - 12:21	FRA/PUR	IND	SWE	ROU
R2 12:21 - 12:39	ROU	FRA/PUR	IND	SWE
R3 12:39 - 12:57	SWE	ROU	FRA/PUR	IND
R4 12:57 - 13:15	IND	SWE	ROU	FRA/PUR

### WAG Sub 8 13:15-15:15

13:15-13:35	20min General Warm up			
25min Rotation				
R1 13:35 - 14:00	CZE/LAT	AZE	HKG/VIE	SLO/BLR
R2 14:00 - 14:25	SLO/BLR	CZE/LAT	AZE	HKG/VIE
R3 14:25 - 14:50	HKG/VIE	SLO/BLR	CZE/LAT	AZE
R4 14:50 - 15:15	AZE	HKG/VIE	SLO/BLR	CZE/LAT

### WAG Sub 9 15:30-17:00

15:30-15:48	18min General Warm up			
18min Rotation				
R1 15:48 - 16:06	BRA	PAN	IRL	MEX
R2 16:06 - 16:24	MEX	BRA	PAN	IRL
R3 16:24 - 16:42	IRL	MEX	BRA	PAN
R4 16:42 - 17:00	PAN	IRL	MEX	BRA

### WAG Sub 10 17:00-19:00

17:00-17:20	20min General Warm up			
25min Rotation				
R1 17:20 - 17:45	RGF	SVK	KOR	BEL
R2 17:45 - 18:10	BEL	RGF	SVK	KOR
R3 18:10 - 18:35	KOR	BEL	RGF	SVK
R4 18:35 - 19:00	SVK	KOR	BEL	RGF

### WAG Sub 4 19:00-20:30

19:00-19:18	18min General Warm up			
18min Rotation				
R1 19:18 - 19:36	POR	SUI	ISL	COL/LTU
R2 19:36 - 19:54	COL/LTU	POR	SUI	ISL
R3 19:54 - 20:12	ISL	COL/LTU	POR	SUI
R4 20:12 - 20:30	SUI	ISL	COL/LTU	POR

WUH

**50TH FIG ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS**  
**KITAKYUSHU, JAPAN 2021**  
**WAG TRAINING SCHEDULE**  
**18 Oct Mon WAG Qualification**



**Training Hall 1 Ano Dome**

**WAG Sub 9 10:00-12:00**

10:00-10:20		20min General Warm up			
25min Rotation					
R1	10:20 - 10:45	BRA	PAN	IRL	MEX
R2	10:45 - 11:10	MEX	BRA	PAN	IRL
R3	11:10 - 11:35	IRL	MEX	BRA	PAN
R4	11:35 - 12:00	PAN	IRL	MEX	BRA

**WAG Sub 8 14:15-15:45**

14:15-14:33		18min General Warm up			
18min Rotation					
R1	14:33 - 14:51	CZE/LAT	AZE	HKG/VIE	SLO/BLR
R2	14:51 - 15:09	SLO/BLR	CZE/LAT	AZE	HKG/VIE
R3	15:09 - 15:27	HKG/VIE	SLO/BLR	CZE/LAT	AZE
R4	15:27 - 15:45	AZE	HKG/VIE	SLO/BLR	CZE/LAT

**WAG Sub 10 17:45-19:15**

17:45-18:03		18min General Warm up			
18min Rotation					
R1	18:03 - 18:21	RGF	SVK	KOR	BEL
R2	18:21 - 18:39	BEL	RGF	SVK	KOR
R3	18:39 - 18:57	KOR	BEL	RGF	SVK
R4	18:57 - 19:15	SVK	KOR	BEL	RGF

**Training Hall 2 Ano Dome**

**WAG Sub 8 8:15-10:15**

8:15-8:35		20min General Warm up			
25min Rotation					
R1	8:35 - 9:00	CZE/LAT	AZE	HKG/VIE	SLO/BLR
R2	9:00 - 9:25	SLO/BLR	CZE/LAT	AZE	HKG/VIE
R3	9:25 - 9:50	HKG/VIE	SLO/BLR	CZE/LAT	AZE
R4	9:50 - 10:15	AZE	HKG/VIE	SLO/BLR	CZE/LAT

**WAG Sub 10 11:45-13:45**

11:45-12:05		20min General Warm up			
25min Rotation					
R1	12:05 - 12:30	RGF	SVK	KOR	BEL
R2	12:30 - 12:55	BEL	RGF	SVK	KOR
R3	12:55 - 13:20	KOR	BEL	RGF	SVK
R4	13:20 - 13:45	SVK	KOR	BEL	RGF

**WAG Sub 9 16:00-17:30**

16:00-16:18		18min General Warm up			
18min Rotation					
R1	16:18 - 16:36	BRA	PAN	IRL	MEX
R2	16:36 - 16:54	MEX	BRA	PAN	IRL
R3	16:54 - 17:12	IRL	MEX	BRA	PAN
R4	17:12 - 17:30	PAN	IRL	MEX	BRA

**Training Hall 3 Aso Sports Centre**

**WAG Sub 4 7:30-9:00**

7:30-7:48		18min General Warm up			
18min Rotation					
R1	7:48 - 8:06	POR	SUI	ISL	COL/LTU
R2	8:06 - 8:24	COL/LTU	POR	SUI	ISL
R3	8:24 - 8:42	ISL	COL/LTU	POR	SUI
R4	8:42 - 9:00	SUI	ISL	COL/LTU	POR

**WAG Sub 5 9:00-10:30**

9:00-9:18		18min General Warm up			
18min Rotation					
R1	9:18 - 9:36	DEN	JPN/LUX	TPE	UKR/CUB
R2	9:36 - 9:54	UKR/CUB	DEN	JPN/LUX	TPE
R3	9:54 - 10:12	TPE	UKR/CUB	DEN	JPN/LUX
R4	10:12 - 10:30	JPN/LUX	TPE	UKR/CUB	DEN

**WAG Sub 6 10:40-12:10**

10:40-10:58		18min General Warm up			
18min Rotation					
R1	10:58 - 11:16	FIN	AUT	GER/ECU	EGY/NZL
R2	11:16 - 11:34	EGY/NZL	FIN	AUT	GER/ECU
R3	11:34 - 11:52	GER/ECU	EGY/NZL	FIN	AUT
R4	11:52 - 12:10	AUT	GER/ECU	EGY/NZL	FIN

**WAG Sub 7 12:15-13:45**

12:15-12:33		18min General Warm up			
18min Rotation					
R1	12:33 - 12:51	FRA/PUR	IND	SWE	ROU
R2	12:51 - 13:09	ROU	FRA/PUR	IND	SWE
R3	13:09 - 13:27	SWE	ROU	FRA/PUR	IND
R4	13:27 - 13:45	IND	SWE	ROU	FRA/PUR

**WAG Sub 1 15:00-16:30**

15:00-15:18		18min General Warm up			
18min Rotation					
R1	15:18 - 15:36	UZB	CHN	TUR	ISR
R2	15:36 - 15:54	ISR	UZB	CHN	TUR
R3	15:54 - 16:12	TUR	ISR	UZB	CHN
R4	16:12 - 16:30	CHN	TUR	ISR	UZB

**WAG Sub 2 16:40-18:10**

16:40-16:58		18min General Warm up			
18min Rotation					
R1	16:58 - 17:16	NED	ITA	GBR	HUN
R2	17:16 - 17:34	HUN	NED	ITA	GBR
R3	17:34 - 17:52	GBR	HUN	NED	ITA
R4	17:52 - 18:10	ITA	GBR	HUN	NED

**WAG Sub 3 18:20-19:50**

18:20-18:38		18min General Warm up			
18min Rotation					
R1	18:38 - 18:56	CAN/AUS	USA	CRO	NOR
R2	18:56 - 19:14	NOR	CAN/AUS	USA	CRO
R3	19:14 - 19:32	CRO	NOR	CAN/AUS	USA
R4	19:32 - 19:50	USA	CRO	NOR	CAN/AUS

**WUH**

**WAG Sub 1 8:15-9:30**

8:15-8:38		23min General Warm up			
13min Rotation					
R1	8:38 - 8:51	ISR	UZB	CHN	TUR
R2	8:51 - 9:04	TUR	ISR	UZB	CHN
R3	9:04 - 9:17	CHN	TUR	ISR	UZB
R4	9:17 - 9:30	UZB	CHN	TUR	ISR

**WAG Sub 2 9:45-11:00**

9:45-10:08		23min General Warm up			
13min Rotation					
R1	10:08 - 10:21	HUN	NED	ITA	GBR
R2	10:21 - 10:34	GBR	HUN	NED	ITA
R3	10:34 - 10:47	ITA	GBR	HUN	NED
R4	10:47 - 11:00	NED	ITA	GBR	HUN

**WAG Sub 3 11:30-12:45**

11:30-11:53		23min General Warm up			
13min Rotation					
R1	11:53 - 12:06	NOR	CAN/AUS	USA	CRO
R2	12:06 - 12:19	CRO	NOR	CAN/AUS	USA
R3	12:19 - 12:32	USA	CRO	NOR	CAN/AUS
R4	12:32 - 12:45	CAN/AUS	USA	CRO	NOR

**WAG Sub 4 13:00-14:15**

13:00-13:23		23min General Warm up			
13min Rotation					
R1	13:23 - 13:36	COL/LTU	POR	SUI	ISL
R2	13:36 - 13:49	ISL	COL/LTU	POR	SUI
R3	13:49 - 14:02	SUI	ISL	COL/LTU	POR
R4	14:02 - 14:15	POR	SUI	ISL	COL/LTU

**WAG Sub 5 14:30-15:45**

14:30-14:53		23min General Warm up			
13min Rotation					
R1	14:53 - 15:06	UKR/CUB	DEN	JPN/LUX	TPE
R2	15:06 - 15:19	TPE	UKR/CUB	DEN	JPN/LUX
R3	15:19 - 15:32	JPN/LUX	TPE	UKR/CUB	DEN
R4	15:32 - 15:45	DEN	JPN/LUX	TPE	UKR/CUB

**WAG Sub 6 16:15-17:30**

16:15-16:38		23min General Warm up			
13min Rotation					
R1	16:38 - 16:51	EGY/NZL	FIN	AUT	GER/ECU
R2	16:51 - 17:04	GER/ECU	EGY/NZL	FIN	AUT
R3	17:04 - 17:17	AUT	GER/ECU	EGY/NZL	FIN
R4	17:17 - 17:30	FIN	AUT	GER/ECU	EGY/NZL

**WAG Sub 7 17:45-19:00**

17:45-18:08		23min General Warm up			
13min Rotation					
R1	18:08 - 18:21	ROU	FRA/PUR	IND	SWE
R2	18:21 - 18:34	SWE	ROU	FRA/PUR	IND
R3	18:34 - 18:47	IND	SWE	ROU	FRA/PUR
R4	18:47 - 19:00	FRA/PUR	IND	SWE	ROU

# 50TH FIG ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS KITAKYUSHU, JAPAN 2021 WAG TRAINING SCHEDULE

19 Oct Tue WAG / MAG Qualification



## Training Hall 1 Ano Dome

### WAG Sub 1 8:30-10:30

8:30-8:50	20min General Warm up			
25min Rotation				
R1 8:50 - 9:15	UZB	CHN	TUR	ISR
R2 9:15 - 9:40	ISR	UZB	CHN	TUR
R3 9:40 - 10:05	TUR	ISR	UZB	CHN
R4 10:05 - 10:30	CHN	TUR	ISR	UZB

### WAG Sub 3 12:00-14:00

12:00-12:20	20min General Warm up			
25min Rotation				
R1 12:20 - 12:45	CAN/AUS	USA	CRO	NOR
R2 12:45 - 13:10	NOR	CAN/AUS	USA	CRO
R3 13:10 - 13:35	CRO	NOR	CAN/AUS	USA
R4 13:35 - 14:00	USA	CRO	NOR	CAN/AUS

### WAG Sub 5 14:45-16:45

14:45-15:05	20min General Warm up			
25min Rotation				
R1 15:05 - 15:30	DEN	JPN/LUX	TPE	UKR/CUB
R2 15:30 - 15:55	UKR/CUB	DEN	JPN/LUX	TPE
R3 15:55 - 16:20	TPE	UKR/CUB	DEN	JPN/LUX
R4 16:20 - 16:45	JPN/LUX	TPE	UKR/CUB	DEN

### WAG Sub 9 16:45-18:15

16:45-17:03	18min General Warm up			
18min Rotation				
R1 17:03 - 17:21	BRA	PAN	IRL	MEX
R2 17:21 - 17:39	MEX	BRA	PAN	IRL
R3 17:39 - 17:57	IRL	MEX	BRA	PAN
R4 17:57 - 18:15	PAN	IRL	MEX	BRA

### WAG Sub 7 18:15-20:15

18:15-18:35	20min General Warm up			
25min Rotation				
R1 18:35 - 19:00	FRA/PUR	IND	SWE	ROU
R2 19:00 - 19:25	ROU	FRA/PUR	IND	SWE
R3 19:25 - 19:50	SWE	ROU	FRA/PUR	IND
R4 19:50 - 20:15	IND	SWE	ROU	FRA/PUR

## Training Hall 2 Ano Dome

### WAG Sub 2 10:15-12:15

10:15-10:35	20min General Warm up			
25min Rotation				
R1 10:35 - 11:00	NED	ITA	GBR	HUN
R2 11:00 - 11:25	HUN	NED	ITA	GBR
R3 11:25 - 11:50	GBR	HUN	NED	ITA
R4 11:50 - 12:15	ITA	GBR	HUN	NED

### WAG Sub 4 13:00-15:00

13:00-13:20	20min General Warm up			
25min Rotation				
R1 13:20 - 13:45	POR	SUI	ISL	COL/LTU
R2 13:45 - 14:10	COL/LTU	POR	SUI	ISL
R3 14:10 - 14:35	ISL	COL/LTU	POR	SUI
R4 14:35 - 15:00	SUI	ISL	COL/LTU	POR

### WAG Sub 8 15:00-16:30

15:00-15:18	18min General Warm up			
18min Rotation				
R1 15:18 - 15:36	CZE/LAT	AZE	HKG/VIE	SLO/BLR
R2 15:36 - 15:54	SLO/BLR	CZE/LAT	AZE	HKG/VIE
R3 15:54 - 16:12	HKG/VIE	SLO/BLR	CZE/LAT	AZE
R4 16:12 - 16:30	AZE	HKG/VIE	SLO/BLR	CZE/LAT

### WAG Sub 6 16:30-18:30

16:30-16:50	20min General Warm up			
25min Rotation				
R1 16:50 - 17:15	FIN	AUT	GER/ECU	EGY/NZL
R2 17:15 - 17:40	EGY/NZL	FIN	AUT	GER/ECU
R3 17:40 - 18:05	GER/ECU	EGY/NZL	FIN	AUT
R4 18:05 - 18:30	AUT	GER/ECU	EGY/NZL	FIN

### WAG Sub 10 18:30-20:00

18:30-18:48	18min General Warm up			
18min Rotation				
R1 18:48 - 19:06	RGF	SVK	KOR	BEL
R2 19:06 - 19:24	BEL	RGF	SVK	KOR
R3 19:24 - 19:42	KOR	BEL	RGF	SVK
R4 19:42 - 20:00	SVK	KOR	BEL	RGF

## Training Hall 3 Aso Sports Centre

### WAG Sub 4 7:30-9:00

7:30-7:48	18min General Warm up			
18min Rotation				
R1 7:48 - 8:06	POR	SUI	ISL	COL/LTU
R2 8:06 - 8:24	COL/LTU	POR	SUI	ISL
R3 8:24 - 8:42	ISL	COL/LTU	POR	SUI
R4 8:42 - 9:00	SUI	ISL	COL/LTU	POR

### WAG Sub 5 9:15-10:45

9:15-9:33	18min General Warm up			
18min Rotation				
R1 9:33 - 9:51	DEN	JPN/LUX	TPE	UKR/CUB
R2 9:51 - 10:09	UKR/CUB	DEN	JPN/LUX	TPE
R3 10:09 - 10:27	TPE	UKR/CUB	DEN	JPN/LUX
R4 10:27 - 10:45	JPN/LUX	TPE	UKR/CUB	DEN

### WAG Sub 6 11:00-12:30

11:00-11:18	18min General Warm up			
18min Rotation				
R1 11:18 - 11:36	FIN	AUT	GER/ECU	EGY/NZL
R2 11:36 - 11:54	EGY/NZL	FIN	AUT	GER/ECU
R3 11:54 - 12:12	GER/ECU	EGY/NZL	FIN	AUT
R4 12:12 - 12:30	AUT	GER/ECU	EGY/NZL	FIN

### WAG Sub 7 12:45-14:15

12:45-13:03	18min General Warm up			
18min Rotation				
R1 13:03 - 13:21	FRA/PUR	IND	SWE	ROU
R2 13:21 - 13:39	ROU	FRA/PUR	IND	SWE
R3 13:39 - 13:57	SWE	ROU	FRA/PUR	IND
R4 13:57 - 14:15	IND	SWE	ROU	FRA/PUR

### WAG Sub 1 14:30-16:00

14:30-14:48	18min General Warm up			
18min Rotation				
R1 14:48 - 15:06	UZB	CHN	TUR	ISR
R2 15:06 - 15:24	ISR	UZB	CHN	TUR
R3 15:24 - 15:42	TUR	ISR	UZB	CHN
R4 15:42 - 16:00	CHN	TUR	ISR	UZB

### WAG Sub 2 16:15-17:45

16:15-16:33	18min General Warm up			
18min Rotation				
R1 16:33 - 16:51	NED	ITA	GBR	HUN
R2 16:51 - 17:09	HUN	NED	ITA	GBR
R3 17:09 - 17:27	GBR	HUN	NED	ITA
R4 17:27 - 17:45	ITA	GBR	HUN	NED

### WAG Sub 3 18:00-19:30

18:00-18:18	18min General Warm up			
18min Rotation				
R1 18:18 - 18:36	CAN/AUS	USA	CRO	NOR
R2 18:36 - 18:54	NOR	CAN/AUS	USA	CRO
R3 18:54 - 19:12	CRO	NOR	CAN/AUS	USA
R4 19:12 - 19:30	USA	CRO	NOR	CAN/AUS

## WUH

### WAG Sub 8 8:15-9:30

8:15-8:38	23min General Warm up			
13min Rotation				
R1 8:38 - 8:51	SLO/BLR	CZE/LAT	AZE	HKG/VIE
R2 8:51 - 9:04	HKG/VIE	SLO/BLR	CZE/LAT	AZE
R3 9:04 - 9:17	AZE	HKG/VIE	SLO/BLR	CZE/LAT
R4 9:17 - 9:30	CZE/LAT	AZE	HKG/VIE	SLO/BLR

### WAG Sub 9 9:45-11:00

9:45-10:08	23min General Warm up			
13min Rotation				
R1 10:08 - 10:21	MEX	BRA	PAN	IRL
R2 10:21 - 10:34	IRL	MEX	BRA	PAN
R3 10:34 - 10:47	PAN	IRL	MEX	BRA
R4 10:47 - 11:00	BRA	PAN	IRL	MEX

### WAG Sub 10 11:30-12:45

11:30-11:53	23min General Warm up			
13min Rotation				
R1 11:53 - 12:06	BEL	RGF	SVK	KOR
R2 12:06 - 12:19	KOR	BEL	RGF	SVK
R3 12:19 - 12:32	SVK	KOR	BEL	RGF
R4 12:32 - 12:45	RGF	SVK	KOR	BEL

**50TH FIG ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS  
 KITAKYUSHU, JAPAN 2021  
 WAG TRAINING SCHEDULE  
 20 Oct Wed MAG Qualification**



**Training Hall 1 Ano Dome**

**WAG 10:00-12:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**WAG 16:00-18:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**Training Hall 2 Ano Dome**

**WAG 10:00-12:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**WAG 16:00-18:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**Training Hall 3 Aso Sports Centre**

**WAG 9:00-10:30 AA Final Qualifiers**

9:00-9:18	18min General Warm up				
Open Training Gymnasts Qualifying for AA Final					

**WAG 11:30-13:00 Apparatus Finals Qualifiers**

11:30-13:00	Open				
Open Training Gymnasts Qualifying for Apparatus Finals					

**WAG 14:30-17:00 AA Final Qualifiers**

14:00-14:30	30min General Warm up				
Open Training Gymnasts Qualifying for AA Final					

**WAG 17:10-19:40 Apparatus Finals Qualifiers**

17:10-19:40	Open				
Open Training Gymnasts Qualifying for Apparatus Finals					

**WUH**

**50TH FIG ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS  
KITAKYUSHU, JAPAN 2021  
WAG TRAINING SCHEDULE  
21 Oct Thu Day4 WAG AA Final**



**Training Hall 1 Ano Dome**

**WAG 10:00-12:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**WAG 16:00-18:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**Training Hall 2 Ano Dome**

**WAG 10:00-12:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**WAG 16:00-18:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**Training Hall 3 Aso Sports Centre**

**WAG 9:00-10:30 Apparatus Finals Qualifiers**

9:00-10:30					
Open Training Gymnasts Qualifying for Apparatus Finals					

**WAG 17:10-19:40 Apparatus Finals Qualifiers**

17:10-19:40					
Open Training Gymnasts Qualifying for Apparatus Finals					

**WUH**

**WAG 10:35-12:05 AA Final Qualifiers**

10:35-10:53	18min General Warm up			
18min Rotation				
R1 10:53 - 11:11	Gymn.1-6	Gymn.7-12	Gymn.13-18	Gymn.19-24
R2 11:11 - 11:29	Gymn.19-24	Gymn.1-6	Gymn.7-12	Gymn.13-18
R3 11:29 - 11:47	Gymn.13-18	Gymn.19-24	Gymn.1-6	Gymn.7-12
R4 11:47 - 12:05	Gymn.7-12	Gymn.13-18	Gymn.19-24	Gymn.1-6

**WAG 16:05-17:45 Warm Up AA Final**

16:05-16:25	20min General Warm up			
20min Rotation				
R1 16:25 - 16:45	Gymn.19-24	Gymn.1-6	Gymn.7-12	Gymn.13-18
R2 16:45 - 17:05	Gymn.13-18	Gymn.19-24	Gymn.1-6	Gymn.7-12
R3 17:05 - 17:25	Gymn.7-12	Gymn.13-18	Gymn.19-24	Gymn.1-6
R4 17:25 - 17:45	Gymn.1-6	Gymn.7-12	Gymn.13-18	Gymn.19-24

**50TH FIG ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS**  
**KITAKYUSHU, JAPAN 2021**  
**WAG TRAINING SCHEDULE**  
**22 Oct Fri Day5 MAG AA Final**



**Training Hall 1 Ano Dome**

**WAG 10:00-12:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**WAG 16:00-18:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**Training Hall 2 Ano Dome**

**WAG 10:00-12:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**WAG 16:00-18:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**Training Hall 3 Aso Sports Centre**

**WAG 9:30-11:00 Apparatus Finals Qualifiers**

9:30-11:00	Open				
Open Training Gymnasts Qualifying for Apparatus Finals					

**WAG 15:00-17:30 Apparatus Finals Qualifiers**

15:00-17:30	Open				
Open Training Gymnasts Qualifying for Apparatus Finals					

**WUH**



**50TH FIG ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS  
 KITAKYUSHU, JAPAN 2021  
 WAG TRAINING SCHEDULE**

**23 Oct Sat MAG /WAG Apparatus Finals**



**Training Hall 1 Ano Dome**

**WAG 9:00-11:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**WAG 15:00-17:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**Training Hall 2 Ano Dome**

**WAG 9:00-11:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**WAG 15:00-17:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**Training Hall 3 Aso Sports Centre**

**WAG 8:30-10:00 Apparatus Finals Qualifiers**

8:30-10:00		Open
Open Training Gymnasts Qualifying for Apparatus Finals BB FX		

**WAG 14:00-16:30 Apparatus Finals Qualifiers**

14:00-16:30		Open
Open Training Gymnasts Qualifying for Apparatus Finals BB FX		

**WUH**

**WAG 9:10-10:40 Apparatus Finals Qualifiers**

9:10-10:40		Open
Open Training Gymnasts Qualifying for Apparatus Finals VT UB		

**WAG 14:40-19:35 Apparatus Finals Warm Up**

14:40-19:35		Open
Open Training Gymnasts Qualifying for Apparatus Finals VT UB		

**50TH FIG ARTISTIC GYMNASTICS WORLD CHAMPIONSHIPS**  
**KITAKYUSHU, JAPAN 2021**  
**WAG TRAINING SCHEDULE**

**24 Oct Sun Day7 MAG /WAG AP Final**



**Training Hall 1 Ano Dome**

**WAG 9:00-11:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**Training Hall 2 Ano Dome**

**WAG 9:00-11:00 Non Qualifying Gymnasts**

Open Training Non Qualifying Gymnasts					

**Training Hall 3 Aso Sports Centre**

**WUH**

**WAG 9:25-10:55 Apparatus Finals Qualifiers**

9:25-10:55	Open	
Open Training Gymnasts Qualifying for Apparatus Finals BB FX		

**WAG 14:55-19:45 Apparatus Finals Warm Up**

14:55-19:45	Open	
Open Training Gymnasts Qualifying for Apparatus Finals BB FX		